Virginia P. Tam

e-mail: *virginia.tam@live.longwood.edu*Phone: 571-340-7549

Relevant Skills:

- Completed GMU Lab Safety Orientation Training (December 2019)
- Collaborated and cooperated with faculty above my rank for the success of specific stu
- Developed organizational and independent work skills as part of my duties as an Assistant taekwondo Instructor

Work Experience:

Biology Tutor, Longwood University (August 2021 - Present), Farmville, Virginia

- Collaborated and communicated with faculty to successfully craft personalized plans of review for individual students' temperaments and limitations
- ❖ Aided in the comprehension and review of undergraduate course material
- Displayed proficient knowledge in basic level biology and microbiology lab practices, information and systems, and literature structure to the level of teaching

Assistant Instructor, TopKick Martial Arts (December 2015 - December 2019), South Riding, Virginia:

- Integrated the use of common Microsoft Office programs for planning, scheduling, and implementing procedures
- Prepared training facilities to support a variety of events and activities
- ❖ Supported outdoor group supervision and engagement of children
- ❖ Tailored training regimens to groups of different ages and abilities
- ❖ Actively assisted Lead Instructors when necessary

Teaching Assistant, Summer in the Arts Program (Summer 2019), Loudoun County, Virginia:

- Supported teachers in their classroom activities
- Supervised subgroups of students in separate activities
- Set up the program classrooms (heavy boxes/crates/pallets)
- Transported documents and admin materials between classrooms and offices

Education and Other Achievements:

Longwood University:

- Dean Scholarship
- Honors Scholarship

Studies:

- ♦ Biology Program, Clinical Lab Sciences Concentration (Current GPA: 3.6)
- Dean's List, all semesters to present
- University Honors Program, all semesters to present