## **Group Norms and Rules**

Time	<ul> <li>Group members arrive on time and stay for the full 50 minutes of each session.</li> <li>Group members have a 10 minute break in between each session.</li> </ul>
Confidentiality	☐ Group members will maintain the privacy of all participants of the group. ☐ Information about group members that is not to be shared outside of group includes identity and all identifying factors, any disclosures made in group, and any other information that implies an individual's association with the group.
Participation	<ul><li>Group members attend all 8 sessions.</li><li>Group members answer questions honestly and participate in group discussions regularly.</li></ul>
Expectations	<ul> <li>Each participant is expected to share openly in group.</li> <li>Group members should be actively listening to others when they speak.</li> <li>Group members will not interrupt other group members when they speak.</li> <li>Group members should be encouraging of others' participation and encourage the growth of themselves and other group members.</li> </ul>
Technology	<ul> <li>All cellphones and other devices should be silenced and kept away during group.</li> <li>Exceptions are determined on a case-by-case basis, such as in the case of an emergency.</li> </ul>