

Maternal Depression Psychoeducational Group Facilitator Protocols

Protocols for Co-Facilitation

In preparation for the group facilitation, the co-facilitators should meet and discuss their collective strengths and weaknesses in addition to their communication styles and expectations for one another during and outside of the group sessions. The co-facilitators should also review the sessions and develop a plan for each of their roles during each session. The co-facilitators are expected to perform practice runs of the sessions with one another prior to the day of sessions. After each session, the co-facilitators should meet briefly to evaluate and discuss the prior session and make necessary adjustments to the plan for the following session(s).

Each facilitator is expected to engage with other professionals and students with professionalism and respect. Should there be conflict between co-facilitators, the facilitators are expected to discuss the issue with one another to resolve the conflict. If the facilitators are unable to do this, then the supervisor should take the role as a mediator in order to help resolve the conflict.

Assessment and Evaluation Protocols for the Group

The co-facilitators are expected to briefly evaluate the group's progress in between sessions in order to make necessary adjustments. At least one facilitator is expected to record field notes as the group progresses. After the completion of sessions, the facilitators should record progress notes for the sessions. Facilitators should also seek supervision for guidance when making adjustments to and decisions regarding the group curriculum.

By signing below, I am agreeing to the terms and conditions written above.

Facilitator signature

Date

Facilitator signature

Date