

Facilitator Role and Expectations

The facilitators will be knowledgeable and prepared to discuss maternal depression with the group. The facilitators will also model appropriate group behavior such as respect, active listening, and openness. Additionally, all facilitators will be culturally competent and display empathy while facilitating the group.

All facilitators will have an equal share of the role of facilitating, meaning the lectures, activities, and discussions should not all be led by one facilitator. It is suggested that facilitators take turns leading lectures, discussions, and activities in order to ensure a fair and even distribution of responsibilities.

It is expected that the facilitators work together as a team and present themselves as a united front. The facilitators should model respectful and appropriate dynamics amongst one another. The facilitators will communicate about any pertinent information to the group as quickly and effectively as possible. Additionally, the facilitators should problem-solve together and come to solutions that the whole group agrees on.

Role of Supervision:

The supervisor will be the Longwood University Social Work Liaison as well as the Bridge to Africa Inc. Liaison. Supportive and educational supervision will be utilized to help guide the facilitators and also support their journey. Supervisors will be knowledgeable and competent when providing supervision to the facilitators and will practice cultural competence. Supervisors will be available to assist and support the facilitators on a regular basis and may be contacted on any breaks that the facilitators have.

Evaluation:

The group members will have an opportunity to evaluate the group and the facilitators at the end of the group during the last session. Additionally, the facilitators will be asked to rate each other on a Likert scale to assess their competence and to ensure an even distribution of work. The facilitators will have an opportunity to meet with the supervisor at the end of the group to debrief and discuss the strengths, limitations, successes and failures of the group.