

Seth O'Neal Seward

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EDUCATION

Bachelor of Science in Nursing (Cormier Honors Program), Longwood University, Farmville, VA, In progress

- **Dean's List**, Fall 2019 - Present

Advanced High School Diploma, Hanover High School, Mechanicsville, VA, June 2019

WORK EXPERIENCE

Clinical Experience, Chippenham Hospital, Longwood University, Spring 2022

- Assisted pediatric nursing personnel with daily responsibilities (medication administration, assessments, meal feedings, patient sitting, meal planning)
- Assisted ICU nursing personnel with daily responsibilities (EKG cardiac monitoring, medication administration, assessments, meal feedings, chest tube maintenance/assessments, tracheostomy care and suctioning, IV infusions)
- Performed special skills (tracheostomy care and suctioning, cardiac monitoring)

Clinical Experience, St. Francis Medical Center, Longwood University, Spring 2022

- Assisted nursing personnel with daily responsibilities (medication administration, fetal deliveries, maternal assessments, fetal assessments, charting)
- Performed special assessments (fundal assessments/massages, cervical assessments, fetal heart monitoring, APGAR assessments,
- Assisted in special circumstances (episiotomy repair, Cesarean section delivery, McRoberts maneuver delivery)

Clinical Experience, Bon Secour Southside Regional Hospital, Longwood University, Fall 2021

- Assisted nursing personnel with daily responsibilities (bed baths, turnings, medication administration, assessments/vital signs, meal feedings)
- Performed special skills (foley catheter/catheter care, wound dressing changes, incentive spirometry)

Patient Care Technician, Retreat Doctors' Hospital, Richmond, May 2021 - December 2021

- Float Pool Department (Medical surgical unit, ICU, ER, front desk)
- Assisted nursing personnel with daily responsibilities (bed baths, meal feedings, medication administration, blood glucose checks, nebulizer and inhaler treatments, IV infusions, blood sample collection, foley catheter insertions/catheter care, EKG monitoring)

Clinical Experience, Centra Southside Community Hospital, Longwood University, Spring 2021

- Assisted nursing personnel with daily responsibilities (bed baths, turnings, medication administration, assessments/vital signs, meal feedings)
- Performed special skills (foley catheter/catheter care, wound dressing changes, incentive spirometry)
- Administered COVID-19 vaccines

Musician, Longwood Pep Band, Fall 2019 to Spring 2020

- Performed in the pep band at basketball games

Crew Member, Stevi B's Pizza Buffet, Summer 2017 - Fall 2018

- Washed the dishes, utensils, buckets, pans, floor mats, and containers
 - Greeted and served customers/assembled ingredients to make pizza dough
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SPECIAL SKILLS

- CPR/AED Certified

- First Aid Training
 - Emergency Medical Technician (EMT) certification in 2019
 - Language: Spanish - Efficient (written and spoken)
 - Proficient with Microsoft Word, PowerPoint, Excel; Google Docs, Drive, and Slides
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LEADERSHIP ACTIVITIES

Community Service Chair, Geist Chapter of Mortar Board, Longwood University, Spring 2022 - present

- Organize community service events for the entirety of Longwood community
- Coordinate with local organizations to aid in fundraisers or service projects

Vice President, Honors Student Association, Longwood University, Spring 2021 – Fall 2021

- Coordinate with executive board to create events around campus and assume presidential responsibilities whenever president is absent
- Monitor activities of the organization committee chairs and assist in any formal process

Treasurer, Sign Language Club, Longwood University, Fall 2020 – present

- Consult with executive committee to discuss plans to fundraise
- Monitor budget for the organization, finalize plans for any purchases, and collect dues

National Society of Leadership and Success, Longwood University, Spring 2020 - present

- Attend meetings to discuss how to apply specific personality traits to leadership opportunities
- Learn how to cooperate with and motivate others

Founder and Treasurer, Rock Climbing Club, Longwood University, Fall 2020 - Fall 2021

- Consult with advisors to create budget for the organization
- Track spending, collect dues, and apply for grants

Social Chair, Honors Student Association (HSA), Longwood University, Fall 2019

- Planned social events to promote entertainment, service, and feeling of unity throughout the organization
- Collaborated with the executive board of the organization to approve budgets and funds for social events

Woodwind Captain, Marching Band, Hanover High School, Fall 2018

- Aided high school music students with learning marching and musical techniques
- Lead exercises, distributed music and marching material, painted the marching band fields, loaded and unloaded percussion equipment from trailers and carts

National Honors Society, Hanover High School, Fall 2018 - Spring 2019

- Create and attend volunteer opportunities in the local areas and school
- Created atmosphere for entire school to promote learning and academics

Secretary, National Music Honors Society (Tri-M), Hanover High School, Spring

2019

- Collaborated with the executive board to finalize plans, create goals and opportunities, and assist organization with any questions or concerns
- Distributed the transcribed minutes to everyone in the organization

Class Leader, EMT Course, Hanover High School, Fall 2018 - Spring 2019

- Present speech for end-of-year graduation celebration
- Collaborated with professor to transcribe and distribute notes of changes or items of importance

Representative, Student Organized Drug Awareness (SODA), Hanover High School, Fall 2018 - Spring 2019

- Visited elementary schools to promote an environment of safe and fun learning
 - Educated children about drug awareness and bullying with created lesson plans
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Community Service

New Life Church Food Pantry, New Life Church, Longwood University, Spring 2021

- Helped load trucks and cars with forty-pound boxes of food
- Hand delivered boxes of food to local low income areas

COVID Clinics, Centra Southside Community Hospital, Longwood University, Spring 2021

- Administered COVID-19 vaccines to hospital staff and registered individuals
- Helped maintain traffic flow in the road to prevent accidents and to minimize confusion

Food Distribution Relief, Farmville, Longwood University, Spring 2021

- Picked up food boxes at local fire station and delivered food to homes affected by power outages
- Helped struggling families get in contact with help

Heartland Horse Heroes, Buckingham, Longwood University, Fall 2020

- Repaired broken fences
- Dug holes for poles and posts for the horses
- Fed the horses

Hull Springs Retreat, Hull Springs, Longwood University, Fall 2020

- Cleaned dog cages in the local dog shelter
- Cleaned, bathed, fed, and walked dogs at the local dog shelter