

# Lauren Sapko

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Chester Va, 23831  
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## Education

August 2018 - May 2022

**Longwood University, Farmville Va** - *Bachelors of Science in Social work*

Graduated 2018

**Thomas Dale High School, Chester Va** - *Advanced Diploma and Specialty Center Certificate*

## Work

June 2019 - August 2019

**YMCA, Chesterfield Va**- *Children's Camp counselor*

May 2020- August 2020

**Coco And Hazel, Henrico VA** - *Barista/Cashier*

January 2021- April 2021

**ITC of the heartland, Farmville VA**- *Junior Intern*

June 2021-Present

**Olive Garden, Midlothian Va**-*Server*

January 2022-April 2022

**Weinstein JCC, Richmond Va**- *Senior Intern*

## Skills

CPR certification

July 2019

Contact tracing certification

December 2021

## Volunteer work

January 2014 - 2018

**\Chester Baptist Church, Chester Va** - *Assistant Children's worship leader*

**Faces food bank**- I have volunteered over 20 hours.

## Activities

Alpha Beta Psi, member  
2021

March 2019- November

- New member educator

## References

- Ian Danielson- Assistant professor, Social work  
Contact: [danielsenim@longwood.edu](mailto:danielsenim@longwood.edu)
- Toni Frattini- Customer Service agent  
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