



CHILD EMOTIONAL AND PSYCHOLOGICAL ABUSE

DEFINITION

Emotional or psychological child abuse is a pattern of behavior that impairs a child's emotional development or sense of self-worth. This may include constant criticism, threats, or rejection, as well as withholding love, support, or guidance.



PSYCHOLOGICAL ABUSE

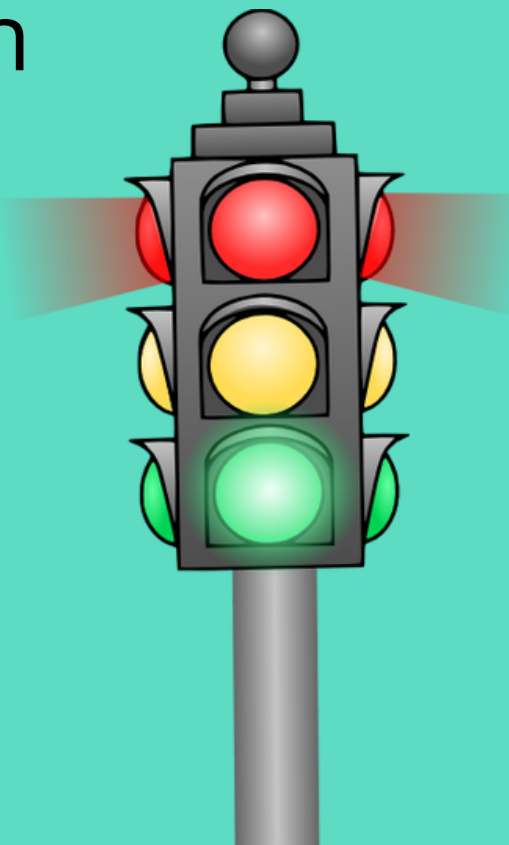
Acts of omission and commission that can cause mental injury (rejecting, degrading, isolating, unreliable and inconsistent parenting, etc.)

EMOTIONAL ABUSE

Any repeated behaviors by a caregiver or parent that cause significant harm to the mental and emotional well-being of a child. (verbal abuse, humiliation, degrading, neglect, isolation)

STATISTICS

- 88% of practitioners find that psychological violence can be as, or more, dangerous than physical violence.
- 20% of children receive emotional neglect.



FACTS

- Young children are more susceptible to receiving emotional and psychological abuse.
- Most parents have no intention of neglecting their children and do not realize they are doing it!

HOW TO PREVENT IT

- Strong support network
- Communication
- Healthy boundaries
- Create a safe space
- Address your behavior

SIGNS AND SYMPTOMS

- Anxiety and fear
- Bedwetting and other physical symptoms like eating disorders
- Withdrawal from friends and family
- Self-esteem issues
- Aggression and disobedience