Dive response- when animals submerge face into cold water their heart rate decreases

- Bent over (standing)

- Not breathing for baseline, breathing through tube with mouthpiece and filter for factor

- Eyes closed

Independent variable: presence of breathing tube

Dependent variable: heart rate

Amount of time before: 20 seconds Amount of time in water: 15 seconds Amount of time after: 20 seconds

Temperature of water: 5°C

| Person  | Standing - no breathing tube (baseline)                      | Standing - WITH breathing tube (factor)                       |
|---------|--|---|
| Kristen | Before HR: 90 bpm<br>During HR: 99 bpm<br>After HR: 111 bpm  | Before HR: 108 bpm<br>During HR: 113 bpm<br>After HR: 110 bpm |
| Delaney | Before HR: 108 bpm<br>During HR: 114 bpm<br>After HR: 93 bpm | Before HR: 85 bpm<br>During HR: 76 bpm<br>After HR: 114 bpm   |
| Izzy    | Before HR: 96 bpm<br>During HR: 97 bpm<br>After HR: 82 bpm   | Before HR: 87 bpm<br>During HR: 94 bpm<br>After HR: 81 bpm    |
| Alayna  | Before HR: 87 bpm<br>During HR: 82 bpm<br>After HR: 64 bpm   | Before HR: 102 bpm<br>During HR: 96 bpm<br>After HR: 80 bpm   |