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| Monday, Dec. 6 | Tuesday, Dec. 7 | Wednesday, Dec. 8 | Thursday, Dec. 9 | Friday, Dec. 10 |
| Healthy Snack Bags @ 310 Allen Hall—all day\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_10:45-10:55 Meditation (Beginners)310 Allen Hall or via Zoom\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_11:00-11:20Meditation (Experienced)310 Allen Hall or via Zoom\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_2:00-3:00 YogaFitness Center, Group Fitness Room | **Healthy Snack Bags** @ 310 Allen Hall—all day\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_9:00-12pm (by appointment)**Chair Massages**147 Greenwood Library\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_10:45-10:55 **Meditation** (Beginners)310 Allen Hall or via Zoom\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_11:00-11:20**Meditation** (Experienced)310 Allen Hall or via Zoom\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_12-2:00pm**Greenwood Library’s Taco Take-Over**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_1:30-3:00pm**Grading Pomodoros** | **Healthy Snack Bags** @ 310 Allen Hall—all day\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_8:00-12pm (by appointment)**Chair Massages**147 Greenwood Library\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_10:45-10:55 **Meditation** (Beginners)310 Allen Hall or via Zoom\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_11:00-11:20**Meditation** (Experienced)310 Allen Hall or via Zoom\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_2:00-3:00pm**Walk High Bridge**Registration RequiredMeet @ the LOVE sign\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_6:30-8:00pm**Grading Pomodoros**310 Allen Hall or via Zoom | **Healthy Snack Bags** @ 310 Allen Hall—all day\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_9:00-10:30am **Grading Pomodoros**310 Allen Hall or via Zoom\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_10:45-10:55 **Meditation** (Beginners)310 Allen Hall or via Zoom\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_11:00-11:20**Meditation** (Experienced)310 Allen Hall or via Zoom\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_2:00-3:00 **Yoga**Fitness Center, Room 307 | **Healthy Snack Bags** @ 310 Allen Hall—all day\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_10:45-10:55 **Meditation** (Beginners)310 Allen Hall or via Zoom\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_11:00-11:20**Meditation** (Experienced)310 Allen Hall or via Zoom\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_2:00-3:00pm**Grading Pomodoros**310 Allen Hall or via Zoom\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_4:00-5:00pm **Yoga**Fitness Center, Group Fitness Room |