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| Monday, Dec. 6 | Tuesday, Dec. 7 | Wednesday, Dec. 8 | Thursday, Dec. 9 | Friday, Dec. 10 |
| Healthy Snack Bags @ 310 Allen Hall—all day  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  10:45-10:55  Meditation (Beginners)  310 Allen Hall or via Zoom  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  11:00-11:20  Meditation (Experienced)  310 Allen Hall or via Zoom  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  2:00-3:00 Yoga  Fitness Center, Group Fitness Room | **Healthy Snack Bags** @ 310 Allen Hall—all day  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  9:00-12pm  (by appointment)  **Chair Massages**  147 Greenwood Library  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  10:45-10:55  **Meditation** (Beginners)  310 Allen Hall or via Zoom  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  11:00-11:20  **Meditation** (Experienced)  310 Allen Hall or via Zoom  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  12-2:00pm  **Greenwood Library’s Taco Take-Over**  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  1:30-3:00pm  **Grading Pomodoros** | **Healthy Snack Bags** @ 310 Allen Hall—all day  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  8:00-12pm  (by appointment)  **Chair Massages**  147 Greenwood Library  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  10:45-10:55  **Meditation** (Beginners)  310 Allen Hall or via Zoom  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  11:00-11:20  **Meditation** (Experienced)  310 Allen Hall or via Zoom  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  2:00-3:00pm  **Walk High Bridge**  Registration Required  Meet @ the LOVE sign  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  6:30-8:00pm  **Grading Pomodoros**  310 Allen Hall or via Zoom | **Healthy Snack Bags** @ 310 Allen Hall—all day  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  9:00-10:30am  **Grading Pomodoros**  310 Allen Hall or via Zoom  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  10:45-10:55  **Meditation** (Beginners)  310 Allen Hall or via Zoom  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  11:00-11:20  **Meditation** (Experienced)  310 Allen Hall or via Zoom  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  2:00-3:00  **Yoga**  Fitness Center, Room 307 | **Healthy Snack Bags** @ 310 Allen Hall—all day  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  10:45-10:55  **Meditation** (Beginners)  310 Allen Hall or via Zoom  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  11:00-11:20  **Meditation** (Experienced)  310 Allen Hall or via Zoom  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  2:00-3:00pm  **Grading Pomodoros**  310 Allen Hall or via Zoom  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  4:00-5:00pm  **Yoga**  Fitness Center, Group Fitness Room |