

Lauren Coureas

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Objective

To contribute to an organization by using my ability to efficiently communicate and work with others, solve problems, organize, and display my extraordinary people skills.

Experience

June 2022 - PRESENT

Cavalier Golf & Yacht Club Children's Daycare, Virginia Beach - *Daycare team member*

- Handle scheduling, billing, and took phone calls to guarantee an organized work environment
- Work with other team members to ensure that all children are fed, entertained, clean, and safe
- Able to communicate effectively with children, parents, club members and staff
- Provide children and parents with solutions when dissatisfied
- Ensure a clean and safe working environment for both children and staff
- Communicate with parents regarding their children's behavior, accomplishments, and/or any issues that may arise

June 2021 - August 2021

Bubba's Seafood Restaurant, Virginia Beach - *Hostess/Busser*

- Communicated with the customers to ensure a positive dining experience
- Worked with other team members to provide a clean, positive, and efficient workspace
- Ensured customers received the highest quality of service
- Provided customers with solutions when dissatisfied

June 2019 - August 2019

WRV Surf Camp Instructor, Virginia Beach - *Children's surf camp instructor*

- Ensured a fun and positive learning environment for children through extraordinary people skills and passion for helping children
- Worked alongside other staff members to guarantee children's safety and entertainment
- Discussed children's progress with parents

Education

Bachelor of Social Work, Longwood University, Farmville August 2019-Present

Cape Henry Collegiate, Virginia Beach, VA August 2003-August 2019

Volunteer Experience

- FACES Food Pantry - Farmville, VA November
2021
- Samaritan House - Virginia Beach, VA December
2022
- YWCA Sadler House - Lynchburg, VA January-April
2023

Achievements

- Phi Alpha Social Work Honor Society at Longwood University
- Vice President of Alpha Sigma Alpha Alpha Chapter at Longwood University
- Diversity and Inclusion Chairman of Alpha Sigma Alpha Alpha Chapter at Longwood University
- Rho Gamma at Longwood University

Certifications

- Adult and Pediatric CPR/First Aid/AED certified
- Safe TALK Suicide Alertness certified
- Child Sexual Abuse Prevention Public Steward
- Understanding ACE's certified
- Revive! Opioid Overdose and Naloxone Administration educated

References

- Sabrina Merlo, Cavalier Children's Cottage, (757) 575-8291
- Catilin Toliver, YWCA of Central Virginia, (434) 528-1041
- Teresa Reynolds, LCSW (804) 366-0794