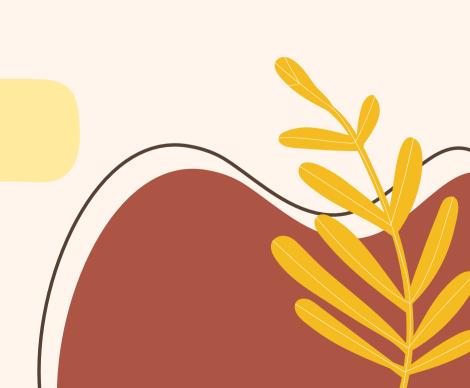
# Dissociative Identity Dissorder

Movie: Frankie and Alice

Presented by:

Jantoria Winston & Lauren Coureas





#### Dissociative Identity Disorder

A disruption of identity characterized by two or more distinct personality states

Disturbance is not due to substance use or a general medical condition.

This mental disorder changes one's personality as it relates to characteristic attributes, cognitive constructs, awareness, expected behaviors, and memories.

This mental disorder is Not to be understood as a culturally accepted behavior as it relates to religion or imaginary play in children



## Movie Synopsis:

Frankie & Alice is based on a true story set in the 1970's about a psychiatrist who treats and diagnoses a black exotic dancer who has Dissociative Identity Disorder (DID). Frankie Murdoch, portrayed by Halle Berry, has experienced "blackout moments" all of her life, but does not remember anything after the fact. She often finds herself in trouble with the law due to these moments, as her alter personality, Alice, who is a white racist, takes over and puts Frankie in situations she does not wish to be in.

Throughout her therapy, Dr. Oswald, portrayed by Stellan Starsgard, makes the discovery of her DID, despite the institution wanting to release her due to their belief that she is "a weed addicted stripper." Dr. Oswald however knew a diagnosis was needed, and the movie takes the viewer on their journey of discovering Frankie's two personalities, the Genius and Alice.

Throughout the film, Frankie's traumatic past is uncovered, and her psychiatrist, Dr. Oswald, believes that Frankie's DID has everything to do with her past experiences. Dr. Oswald's ultimate goal for Frankie is to be able to live a life where she can control and live happily with her alternate personalities, as there was not nearly enough research or knowledge on the disorder at the time.

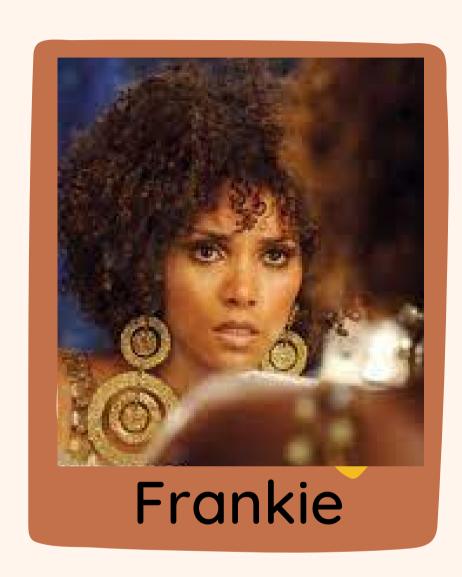


2010 Canadian drama film directed by Geoffrey Sax

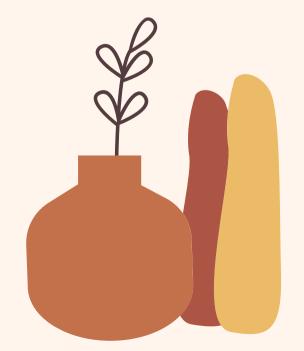


#### Character Focus





Played by Halle Berry



Frankie Murdoch is an independent and confident woman who appears to be quite carefree in the beginning. She struggles with trusting others, but is extremely compassionate towards those around her. Throughout the film, Frankie's resilience is highlighted as her past trauma is uncovered. Frankie's experience with DID only added to her strength as she remained open and willing to commit to therapy with Dr. Oswald until the very end.

## Reaction of persons diagnosed with Dissociative Identity Disorder:

Halle Berry does an incredible job portraying this disorder, so much so that it can be hard to watch at times. Individuals with DID however may be able to connect with the story as most people with the disorder are very misunderstood, much like how Frankie was before she met her psychiatrist.

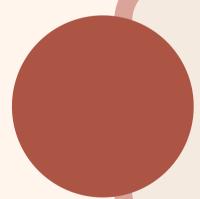
Individuals with Dissociative Identity Disorder who watch this may be able to relate to the feelings of confusion and pain. They may also be able to understand the strain the disorder causes within a family and the work place, as well as be able to appreciate the research and knowledge we have about DID today in comparison to the 1970's.

## Reaction of persons diagnosed with Dissociative Identity Disorder:



The Film can be found to be triggering.

May cause one to be reluctant to share that experience DID.



- Can cause one who does not experience DID to the same severity as the main character to become fearful of themselves.
- The film may also cause an episode.

### Reaction of the general Public

The general public may perceive a person who experiences DID as violent and may use terms like "crazy" or "possesed" to describe persons who experience DID.

The general public may also be fearful of persons who experience DID and may also refer to the psychiatric hospital as the "Nut House".

### Reaction of the general Public

The general public may perceive a person who experiences DID and other identities such as race and sexuality as a reason they behave violently or experience any mental disorder.

The Film places stigma on not only people who experience mental disorders, but also portray Black women and women of color to be aggressive and violent. This movie allows the general public to place reason and fact to support that stigma

#### Conclusion

#### Social work Implications

- Dignity and worth of a person
- Meet the client where they are
- Advocacy
- Building rapport

#### **Ethical Considerations**

- Voluntary participation
- Informed consent
- Clients competency

