*In order to get a more in-depth social history for your participant to inform services at the center please fill this form out to the best of your ability, you don’t have to answer every question any information is helpful to personalizing their services. Feel free to put any information you feel*

*would be useful.*

**Participant Name:**

**Admission Date:**

**Name of person completing the form:**

**Relationship to Participant:**

**Social History Information Sheet**

Identifying Infomation

* What is the participant’s preferred name?\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Age of Partipant\_\_\_\_\_\_\_\_\_\_
* Martial Status\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Gender\_\_\_\_\_\_\_\_\_
* Racial/Ethnic Identiy\_\_\_\_\_\_\_\_\_\_

| What are some important factors related the participant’s home and family life? examples:* Where did the participant grow up?
* Where does the participant live now?
* Who does the participant live with?
* How does the participant get along with family members/ caregivers?
* What are important relationships to the participant?
* Important pets?
* What was their childhood like
* Positive/negative memories
* Any recent life changes
	+ Recent deaths
	+ Role changes
 |  |
| --- | --- |
| Information related to their career and education. Examples include:* Past career/s
* What they liked about their career
* Educational background
* What they like to study/learn about
* Military service
 |  |
| Information related to hobbies and activities, examples include: * What are some hobbies the participant currently enjoys?
* What are some hobbies the participant enjoyed throughout their life and what did they enjoy about it?
	+ ex. Physical Activities/Sports, Social Organizations/Clubs, Volunteerism, Outdoors, crafts, TV shows, Books, Movies they enjoy, Games
* When did they enjoy these activities? When did they stop?
* Why did they stop participating in these activities?
* How do they feel about changes in participation in these activities?
* What are some favorite vacations or places the participant traveled to?
* What type of music does the participant like?
* How do they engage with the music? (listening, singing, moving)
* Have they ever played an instrument?
* Favorite songs/ artists?
* Are there types of music they dislike?
* What are some changes in their enjoyment of activities/hobbies?
 |  |
| Information relating to spiritual religious life, examples include:* What is the religious background of the participant?
	+ Are they still involved
* How have they been involved in religion/faith practices?
* What are their feelings toward their religion/faith?
* Is their faith a source of comfort?
* Is there tension or conflict around faith or religious beliefs?
* Are there practices we should be aware of?
* Are there local faith-based resources they utilize?
 |  |
| Information related to the participant’s cultural identity, examples include: * The participant’s cultural and ethnic heritage and background
* Where are their parents and grandparents from?
* Are there cultural practices the participant enjoys?
* Does the participant speak any other languages? What is their primary languages?
 |  |
| Information related to overall comfort and sociability, examples include:* What are some things that bring the participant comfort?
* Are there things that make the participant uncomfortable?
* What are some techniques that are effective in calming the participant?
* Does the participant prefer to be alone or around others?
* Does the participant prefer to watch others or to do things?
* Does the participant prefer to stay busy or relax?
* Does the participant need any help or encouragement to engage in activities?
* How does the participant interact with others
 |  |
| Information related to the participant's history that would be important to share, examples include:* What personal events/ achievements are important to the participant?
* initial triggers that the center should be aware of for your loved one?
* Are there behaviors of others that upset the participant? If so what is their response?
* How would you describe the emotional well-being of the participant?
* Is there any additional information that is important to share?
 |  |