**EDUCATION**

**Longwood University Farmville, VA**

*Bachelor of Science in Social Work May 2024*

GPA: 3.74

Dean’s List

**WORK EXPERIENCE**

**Naborforce Richmond, VA**

*Nabor March 2024 - Present*

* Provide companionship and assistance to seniors in the area

**Circle Center Adult Day Services Richmond, VA**

*Social Work Intern January – May 2024*

* Engage with older adults individually and as groups
* Assess needs of participants and caregivers
* Provide needed resources to families and caregivers

**Legacy Hospice Richmond, VA**

*Social Work Intern May 2022- July 2022*

* Apply social work theories and practices to hospice care.
* Provide social and emotional support to patients.

**Longwood University Farmville, VA**

*Desk Aid August 2021-December 2023*

* Provide assistance to students in the building
* Crisis and Emergency Management

**All Souls Episcopal Church Mechanicsville, VA**

*Community Garden Manager Summer 2020, 2021, 2023*

* Guide volunteers with garden work
* Collaborate with Organizations about produce needs
* Distribute produce to various organizations

**VOLUNTEER EXPERIENCE**

**FACES Food Bank Farmville, VA**

*Food Bank Volunteer November 2021-November 2023*

* Assist clients with receiving food

**Mechanicsville Churches Emergency Functions Mechanicsville, VA**

*Client Assistant* *March 2017-August 2021*

* Greet clients and assist with receiving food needs
* Manage front desk and maintain client information

**STUDENT ORGANIZATIONS Longwood University**

**Phi Alpha Social Work Honor Society**

*Historian December 2022-December 2023*

* Maintain Record of Student Involvement
* Assist with planning of service events

*Member January 2022-PRESENT*

**Federation of Student Social Workers**

*President December 2022-December 2023*

* Lead executive Board and General Body Meetings
* Plan and execute events throughout the year

*Secretary December 2021- December 2022*

* Communicate meeting minutes and information with members
* Schedule meeting locations
* Collaborate with other members of executive board

*General Membership August 2020-December 2021*

**Longwood Alternative Breaks**

*Executive Board Member December 2021-December 2023*

* *Plan, organize and coordinate service trips*
* *Contact agencies to inquire about service opportunities*
* *Manage organization documents.*
* *Provide leadership during service trips*

**CERTFICATIONS AND TRAININGS**

Ethically Handling End of Life Issues with Alzheimer’s and Dementia *June 2023*

Anticipatory Grief Management *June 2023*

Medline University: Care with individuals with Dementia January 2024