Career Development Plan

**Self-Assessment:**

* Strengths: strong work ethic, self-awareness, empathetic, detail-oriented, punctual, teamwork and problem solving skills
* Growth Areas: cultural competence, delegation, decision-making skills

**Goals:**

* Short-term: Work in the social work field potentially as a case manager with Blue Ridge Behavioral Healthcare to develop experience and skills.
* Mid-term (2-5 years): Obtain MSW and QMHP.
* Long-term (10 years): Establish a career in the social work field possibly as a case manager or foster care worker.

**Strategies and Action Plan:**

* I am aware of employment opportunities at Blue Ridge Behavioral Healthcare where I just interned and have established a good reputation.
* I will continue my learning through research, trainings, and potentially QMHP supervision (Blue Ridge Behavioral Healthcare offers it for free).
* I will utilize my strengths in order to be a good social worker.
* I qualify for a fast track MSW which will help in finishing my master’s in a shorter period of time.

**Resources:**

* Networking; have established relationships at the Roanoke City Department of Social Services and Blue Ridge Behavioral Healthcare, as well as, at Longwood University.
* I have my BSW and a large established knowledge base and opportunities to continue my learning.
* I am motivated and have established personal and professional values, including a strong value of being ethical.
* I have support from my family.