SOAP Note for Family Time Visit

I. Subjective Data: ZS and his mother appeared for a supervised family time visit on July 8, 2022 from 9:30 AM to 11:30 AM. ZS is an almost four month old baby whose presenting problem is that he was born premature and addicted to drugs. ZS was taken into care because the client’s mother could not find a relative placement for him in a timely manner and the courts stated a finding of abuse or neglect. The client’s mother presenting problem includes a history of drug use, mental health issues, and domestic violence issues. The client’s mother also has unstable housing.

II. Objective Data: The client and the client’s mother presented as well-groomed and dressed appropriately for the weather. The client’s mother appeared on time for the supervised visit. The client’s mother entered the room with a closed off face and focused on retrieving the client from his car seat. The client’s mother interacted affectionately with the client as she told him she loved him talked to him, and patted and rubbed him. The client’s mother was attentive to the client as she checked his diaper, fed him, and repositioned him. The client’s mother divided her attention at times between the client and her phone. The client’s mother accepted advice from the foster mother for how to best position the client for burping and feeding. The worker observed the client’s mother change the client’s diaper twice during the visit. The client’s mother engaged in conversation with the worker concerning future visits. The client’s mother indicated that she would be open to changing her visits to Tuesdays. The client’s mother did not mention any progress made towards beginning services, though the worker did not ask. The client slept and ate for part of the visit. The client made noises when he was hungry, needed to burp, wanted to be held, and needed a diaper change.

III. Assessment: It seems to this worker that the client’s mother was impassive at the beginning of the visit with the worker and foster mom as evidenced by her closed off demeanor. The client’s mother seemed happy to see the client as she smiled when she saw him and positively interacted with him. The client’s mother’s affection and attention paid to the child seems to show a want to be in his life. The client’s mother’s attention to her phone is not yet concerning, as the mother still paid adequate attention to the client. At the end of the visit, the client’s mother seemed to have a more open demeanor as she was open to feedback from the foster mother and willingly participated in conversation with the worker. The client seemed content during the visit, as his moments of distress were only when he needed something and his mother responded to those moments appropriately.

IV. Plan: The worker will continue facilitate weekly family time visits between ZS and his mother to assist in growing and strengthening their bond and familiarity with each other. The worker expects the mother to communicate any visit cancelations and changes in address in a timely manner.The worker expects the mother to return the completed forms that were provided to her at her meeting with the worker. The worker expects the client’s mother to follow through with the referral provided by the worker for Project Link. Project Link will assist the mother with mental health counseling, substance abuse counseling, domestic violence counseling, medication management, housing, and employment. These services are needed to ready the mother for the client’s return and show the court the mother’s effort. The mother is expected to refrain from using substances. The worker will refer the client to early intervention services when the child reaches an appropriate age which will help the client meet developmental milestones in a timely manner if the services are necessary. The worker will continue efforts to find the client’s father to establish if the client’s father is interested in being in the client’s life. The worker will complete a home study for the custody petitioners and work towards establishing weekly family time visits with the client which will move forward the efforts to have the client in a kinship placement.