

Journal 3

Monday, October 3, 2022 10:57 PM

1.	80	Professional
2.	50	160
3.	90	Financial
4.	70	100
5.	60	Family
6.	40	170
7.	80	Social
8.	70	140
9.	80	
10.	50	Community
11.	80	120
12.	70	Spiritual
13.	60	100
14.	60	Physical
15.	80	160
16.	90	Intellectual
		170

1. My top three from the 10-1 assignment was family, intellectual, and physical. I was somewhat surprised by intellectual being as high ranking as 170, however, I think this scored so high because of the word self - improvement. To me self-improvement is very important as we should always be working towards being the best versions of ourselves.
2. As a social worker I think my importance of family could potential bias my work as I have been very fortunate to grow up with a large and close nit family. And as a social worker I need to be aware that not everyone might want that for themselves. And that is okay because it is my job to project my feelings or values of family on to them but to help the client achieve their goals.
3. I think my of top three values of family, could affect my leadership ability and potential the most both in a positive and negative way. From the leadership perspective I believe that having large family and values could help because it expands my network. From having a large family I have met so many more people then I ever could on my own therefore I have formed more connections to possible help in a leadership role. Additionally, with being around so many people all the time I have learned to make sure to listen to everyone's opinions when in large group. This could help in the leadership role to make sure that all participants are being heard and taken into account.

One way this could hinder my potential abilities as a leader comes to decision making. I will often turn to my family when struggling to make a choice and having that many voices often having different opinions on what you should do and gives me a unique perspective. Therefore when on my own I may not be as quick to make my definite choice. And is something I should be aware of when practicing in the future.

4. One way I try to be inclusive is to listen and hear everything people are saying when talking individually or in the group setting as this often brings different points of view forward. Another strategy of mine is to constantly be reading and doing research on the things I don't know or feel that I should learn more about. I am a strong believer in being uncomfortable when learning and learning as much as we can.