**Individual Professional Development Plan – (insert your name here)**

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| **Goals** | **Knowledge and Skills** | **Activities and Experiences** |
| Long-term  1. Get a Master’s Degree in Wildlife Biology  2. Become a wildlife biologist  3. | Critical thinking skills  Problem solving skills  Communication skills | I will develop my critical thinking and problem solving skills at Longwood University.  I will practice my communication skills (oral presentations, written assignments, etc.) |
| Intermediate-term  1. Graduate with a good GPA  2. Be in leadership roles in Epsilon Eta and HLA  3. | Leadership skills  Time management skills  Communication skills | I will be in volved in and run for positions in Epsilon Eta and HLA. |
| Short-term  1. Get straight A’s in my classes  2. Go to the gym regularly  3. | Time management skills  Discipline | I will create a schedule and to-do lists in order to complete my work on time. |

Support People and Their Roles:

My professors can help me when I need help with my assignments.

The executive members of my organizations can help me when I don’t know how to do something in the organization.

Contingency Plan:

I may have schedule conflicts when registering for courses. I will plan on create backup schedules in case that my main schedule does not work.

There will be instances where I don’t have enough time to focus on all of my short-term goals. In those instances, I will prioritize my academics.