**Individual Professional Development Plan – (insert your name here)**

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| **Goals** | **Knowledge and Skills** | **Activities and Experiences** |
| Long-term1. Get a Master’s Degree in Wildlife Biology2. Become a wildlife biologist3.  | Critical thinking skillsProblem solving skillsCommunication skills | I will develop my critical thinking and problem solving skills at Longwood University.I will practice my communication skills (oral presentations, written assignments, etc.) |
| Intermediate-term1. Graduate with a good GPA2. Be in leadership roles in Epsilon Eta and HLA3. | Leadership skillsTime management skillsCommunication skills | I will be in volved in and run for positions in Epsilon Eta and HLA. |
| Short-term1. Get straight A’s in my classes2. Go to the gym regularly3.  | Time management skillsDiscipline | I will create a schedule and to-do lists in order to complete my work on time. |

Support People and Their Roles:

My professors can help me when I need help with my assignments.

The executive members of my organizations can help me when I don’t know how to do something in the organization.

Contingency Plan:

I may have schedule conflicts when registering for courses. I will plan on create backup schedules in case that my main schedule does not work.

There will be instances where I don’t have enough time to focus on all of my short-term goals. In those instances, I will prioritize my academics.