**Four Takeaways**

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COUN 503

Dr. Justin Jordan

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**Four Takeaways**

**August 25, 2022**

 I was immediately drawn in by the holistic introduction to the class. I appreciated the acknowledgement of Longwood’s history ‒ the good and the bad. Something I’ll always retain is the idea of not “doing counseling,” of making the counseling process a collaborative effort between clinician and client. I also appreciated learning a little about Dr. Jordan’s life. I don’t recall any undergraduate instructor offering such an introduction.

**September 22, 2022**

I thoroughly enjoyed hearing from Dr. Band. Advocacy definitely will be part of my professional journey and I’m eager to learn all I can about it. I was fascinated by the myriad types of advocacy in which I could participate, for so many different patient populations and for the counseling profession. Owning my own practice is not a concrete goal for me, but it’s a possibility, and I was encouraged by Dr. Band’s presentation.

**October 13, 2022**

 The panel was excellent. I appreciated the diversity of experiences that the members brought to the discussion. I’m not going into school counseling but was nonetheless found the school counselors’ stories captivating. I plan to work at a CSB, so hearing about Nick Stansfield’s experience in particular gave me great insight. I also enjoyed hearing about the day-to-day operations of a private practice from the other clinicians.

**October 27, 2022**

Prior to reading the chapters for this class, I had not heard the term “post-traumatic growth.” I enjoyed the reading and the discussion in class. I also enjoyed my time in the “Lamborghini” group, discussing crises and interventions related to middle childhood. I always appreciated the interactive nature of this class.