

CHRISTA WELLS

5312 Midway Road Church Road, Virginia 23833 Caw488.caw@gmail.com
• (804) 731-4328

Customer-savvy employee accustomed to demanding work. Dedicated team player with demonstrated training and problem-solving abilities. Excellent interpersonal and time management skills.

EXPERIENCE

January 2024—May 2024

POPLAR SPRINGS HOSPITAL, INTERN CLINICIAN

- 500 hours of experience
- Cofacilitated psycho-educational group therapy sessions
- Conducted assessments with patients
- Worked on a Multidisciplinary team
- Gained knowledge on the treatment process, procedures, and policies of working with acute short-term mental health stabilization

May 2023—July 2023

DINWIDDIE DEPARTMENT OF SOCIAL SERVICES, INTERN

- 194.5 hours of experience
- Worked in the Child Protective Services and Adult Protective Services units.
- Experienced and participated in home visits, forensic interviews, court hearings, Family Partnership Meetings, Family Planning and Assessment Team Meetings, Child Removal and Placement, and safety evaluations.
- Completed paperwork such as case contacts and safety assessments.

12/2022—CURRENT

THE CHILDREN'S PLACE, Manager

- Lead and worked within a team to efficiently accomplish goals
- Utilizes organization and time management to complete tasks
- Effectively communicates and resolves conflicts with verbal de-escalation techniques

03/2022 – CURRENT

DINWIDDIE COUNTY PUBLIC SCHOOLS, SUBSTITUTE TEACHER

- Provided classroom management for an efficient learning environment.
- Followed lesson plans and came up with different activities for the children to participate in that went along with specific curriculum.
- Interacted with students to be able to meet needs to enhance their understanding of the material.
- Managed time appropriately for lessons to be completed.

EDUCATION

EXPECTED GRADUATION MAY 2024

BACHELOR OF SCIENCE IN SOCIAL WORK; ART MINOR LONGWOOD UNIVERSITY

GPA 3.41 | Dean's List; Phi Alpha: Social Work Honors Society; Secretary; Federation of Future

Social Workers; Member **SEPTEMBER 2016-MAY 2020**

HIGH SCHOOL DIPLOMA, DINWIDDIE HIGH SCHOOL

GPA 3.9 | National Honors Society

SKILLS

- Customer Relations • Reliable and Trustworthy
- Interpersonal Communication • Caring and Empathetic
- Highly Organized • Personable and Friendly
- Time Management • Flexible and Adaptable
- Works Well Within a Team • Hardworking and Dependable