Throughout this course I have learned not only how to conduct, read, and even perform research, but I have also learned many other valuable skills that I could use within the workforce. One of the biggest things I have learned through this course is the value of organization. We were tasked to use a manual where we were to keep all of our work throughout the semester to be graded at the end. I learned through organization that tasks are much easier to navigate and they are also more likely to be completed more thoroughly and correct. In the future workforce, I hope to use my new organization skills to not only benefit myself, but also to benefit my future clients. I also now have this manual to reference back to when it comes to helping clients in the future or when and if I may need to conduct research in the future.

Another thing I learned through this course is the importance of research. Research is honestly not my strongest area, however, through this class I have gained a lot of practice and experience with recording, coding, and reading data. While I do not plan to utilize my skills to actually conduct research in the future, I am now more able to utilize research in order to help my clients. For example, when helping a future client, I can now find research to help me in serving my clients. I am now able to read and understand previous works that have been done and use this to my advantage.