

Anne Dalton Sisk

Date of session: 2/6/24

S: X is a 27-year-old female who has recently become extremely hostile in group environments. X has been assigned specific tasks and she is defensive about giving updates. X works in a virtual office where she is often not working collaboratively. X is having difficulties completing certain activities to the standards of overseeing staff members.

O: X is consistently dressed nicely and is well-spoken. X attends all required meetings and takes thorough notes throughout her meetings. X often becomes defensive when confronted with feedback in staff and individual meetings noting that she is doing “all that she can.” X refuses assistance on major projects stating that she “has it covered.”

A: It seems to this worker that X not only needs to work on communication skills but also needs to work on being more accepting of feedback. It is evident that telework is a contributing factor to the communication barrier. X does not regularly check in with larger projects she is working on with overseeing employees making communication difficult.

P: This worker will continue to monitor the situation and reach out when possible to reassess the situation. X will utilize weekly staff meetings in order to communicate updates and progress on projects. This issue has not yet been addressed by overseeing employees