

Over the past five to seven years my family has experienced a lot of scientific racism. My mom had breast cancer so we experienced a lot of different doctors and surgeons. One of the first doctors that my mom saw told us that due to her being black they had to run different test to ensure that nothing “caused” the cancer. The doctor told me that I needed to start watching out for diabetes and high blood pressure because it runs within my origins. When the doctor was first started talking to my mom, I thought it was really weird and unusual what she was saying. I was already scared before we went to doctor and the doctor only made it worse. In that moment I thought something within our blood had caused my mom’s cancer. The doctor made we question my blackness. When the doctor told me that I need to watch my health it scared me. I had never been told that by any of my doctors, so it terrified me. After leaving that doctor, I got checked for high blood pressure, cancer, and diabetes. It all came back clear. I have had countless experiences where me being Black has been the link to something even though anyone could experience is. Being Black has few links to it. For the longest time I could not understand why the doctor would tell us all of that. Once I stopped at thought about it, I figured out this is what America has been doing. In *Social Darwinism, Scientific Racism, and the Metaphysics of Race* by Rutledge M. Dennis it talks about how the foundation was built off make Black people feel like something was wrong with them. Throughout history slaves were made to feel as if their IQ was lower and they were worth less. Being Black was looked at as being less and having more problems. That interaction made me understand scientific racism.