

Alyce Laverty
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Hampton, Virginia

To Whom It May Concern,

I am a current Social Work student at Longwood University looking to join the workforce to gain real-world experience. I consider myself very focused and driven, while continuously looking to enhance my knowledge of social work interventions with vulnerable populations. My strengths as a social worker include my abilities to effectively communicate and to empathize with others from diverse backgrounds.

Respectfully,

Alyce Laverty

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Education

Bachelor of Science (B.S.) in Social Work Candidate

Expected Graduation

Longwood University, Farmville, Virginia

May 2024

GPA 3.4

Relevant Coursework

- SOWK 306: Mental Health and Social Work
- SOWK 325: Human Diversity: Populations at Risk
- SOWK 330: Methods Practice I: Individuals and Families
- SOWK 425: Methods Practice II: Social Work Practice with Groups
- SOWK 392: Junior Field Instruction Internship
- PSYC 101: Introduction to Psychology
- PSYC 356: Abnormal Psychology

Awards and Honors

- Cormier Honors College (August 2020-Present)
- Dean's List (Fall Semester 2021)
- Dean's List (Spring Semester 2022)

Extracurricular

- Women's Club Basketball
- Sigma Kappa Sorority

Experience

Intern for Department of Social Services

Virginia Department of Social Services

January 2023-May 2023

Buckingham, Virginia

- Provide services to clients of diverse backgrounds
- Directed clients to additional services (benefits, mental health resources, etc.)
- Worked closely with CPS, APS, and foster care services
- Completed assessments on safety and well-being of clients
- Conducted home visits and assessments

Lifeguard

May 2021-Present

Poquoson City Parks and Recreation

Poquoson, Virginia

- Developed strong working relationships with other employees and the general public
- Remained calm and poised during periods of stress or when dealing with difficult people
- Participated in ongoing training to enhance my own job skills and knowledge
- Responded quickly to meet customer needs and resolve problems
- Provided efficient and courteous service to customers at all times

Children’s Swim Instructor

May 2021-Present

Poquoson City Parks and Recreation

Poquoson, Virginia

- Taught a range of different safety and swimming techniques to children ages four to 14 years old
- Administered emergency first aid, wrapped injuries, treated minor chronic disabilities and referred injured persons to physicians
- Evaluated individuals' abilities, needs and physical conditions and developed suitable training programs to meet any special requirements
- Monitored participants' progress and adapted programs as needed
- Conducted therapeutic, recreational, or athletic activities

Treasurer

April 2021-Present

Longwood Women’s Basketball

Farmville, Virginia

- Regularly checked inventory on supplies, gear, funds, etc
- Received, recorded and authorized requests for disbursements in accordance with company policies and procedures
- Organized and collaborated on team fundraisers
- Publicly supported and promoted organization on social media platforms

Sisterhood Committee

March 2022-Present

Sigma Kappa Sorority

Farmville, Virginia

- Organized sisterhood retreats
- Developed and executed events in which sisters could bond with one another
- Learned skills in teamwork and collaboration

Skills

- Excellent Written and Oral Communication
- Strong Problem Solving Skills
- Empathetic and Compassionate
- Strong Work Ethic

Certifications

- Red Cross CPR/AED/First Aid (June 2021-June-2023)
- safeTALK Suicide Alertness (September 2022)

References

Ian Danielsen, M.S.W., L.C.S.W

Assistant Professor of Social Work at Longwood University

Phone: (804)398-8488

Email: danielsenim@longwood.edu

Shayla Walker, L.C.S.W

Assistant Professor of Social Work at Longwood University

Phone: (804) 234-3025

Email: walkerse4@longwood.edu

Gretchen Gochenour

Assistant Director at City of Poquoson Parks and Recreation

Phone: (757)868-3580

Email: gretchen.gochenour@poquoson-va.gov

