

Sydney Wilborn

Canoe Trip Plan

Outdoor Recreation

November 6, 2020

Canoe Trip Plan

If I could plan a canoe trip, it would be a two day trip floating and fishing the Banister River in Halifax County, Virginia. I would have to do a great deal of research on the weather, river levels, currents, and also what I need to survive. This survival method will consist of water, food, clothes, and fishing essentials. Also, I will need to be informed about any types of hazards or obstacles that I may encounter.



To start my journey, I will do research on the weather and river. I will need to find out if it has any obstacles like submerged trees, boats, rocks, or anything that will reject me from getting down stream. Also, if it has any eddys for rafting or waves that might be difficult to get around. These obstacles could be hazardous because if I am alone and I struggle to get through

them, I could possibly flip and lose all of my belongings. Gathering information will allow me to find the best suited path that I will need to take to have an enjoyable and safe trip.



Next, I will need to find my tools and survival needs. This includes the appropriate amount of clothes, food, water, and fishing essentials. My clothes will be determined by the weather of how hot or cold, or how dry or rainy. Once I have found my clothes, I will then pack my food and water. I will need enough to last me throughout my trip successfully. It would consist of plenty of water and hydration methods, and at least three meals throughout the day. This will allow me to have enough energy to fend for myself and to have enough strength for paddling when needed. Examples of food I would bring are: crackers, sandwiches, brownies for energy (carbs), and possibly fruit if I can keep it cold. Once I have packed my food, I will then gather my fishing essentials. This includes rods, knives, hooks, fishing line, bait, nets, and any other basic needs. This will allow me to get the fish and properly take care of them.

I would do a great deal of research days ahead of my trip because I will want to be as prepared as possible. This will include looking at the weather, talking to surrounding neighbors of the river, any park rangers or environmental specialists, and friends that have encountered and floated this river before. This will help me because I will be more informed and will expect more

things to possibly happen. Overall, I hope to have an enjoyable and safe trip. It will allow me to get more experience of the outdoors and the Banister River.