Lindsey Walker

Overall, I feel that the outreach project was a success! I conversed with participants on the importance on the flu vaccine, the statistics of the outcome of vaccination, and how/where to get the vaccine. I was challenged throughout the experience with receiving interest in the subject and putting myself in a position of uncomfortably introducing myself to strangers. I had to mentally tell myself to remember it is beneficial to put ourselves in uncomfortable situations to get people vaccinated.

Overall, the event was successful! 1/3 of participants wanted to learn more and distributed their pamphlets to friends and family members to spread the information. One participant even said she was going to share my pamphlet on Facebook! Once I got attention from participants, the members of the community were responsive and happy to look further into the pros and cons of the flu vaccine. Because most of the community switches on and off between getting the flu vaccination, it was very pleasing hearing the responses of those who do not get the flu shot. They were shocked at the overwhelming evidence of getting the flu shot.

If I were to do this outreach project again, I would put myself out there my by being more assertive with the community. It took me awhile to understand that people get involved when you make them involved. In this process, I have learned the importance of vaccinations and also the importance of educating those around me.