**Hello! I am the \_\_\_\_ Leisure Assessment Inventory\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**



What is the purpose of the assessment?

* Developed to measure the leisure behavior of adults

What does it measure?

* Leisure Activity Participation Index (LAP): Reflects the status of one’s leisure repertoire; thus, it presents a measure of activity involvement.
* L-PREF Index: Provides a measure of leisure activities in which the individual would like to increase participation. This index indicates a degree of preference of some activities over other activities.
* Leisure Interest Index (L-INT): Measures the degree of unmet leisure involvement based on the selection of activities in which the individual has an interest, but in which he or she is not participating or is prevented from participating.
* Leisure Constraints Index (L-CON): Assesses the degree of internal and external constraints that inhibit participation in leisure activities.

What is the intended population?

* Seniors and adults with developmental disabilities
* Middle-aged to older adults with moderate to no cognitive disability

How long will it take to administer and score?

* About 30-40 minutes

Other important features or special considerations:

* Changes clients’ leisure behaviors over time
* Uses a longitudinal report to provide visual depiction of the changes
* Uses pictures as part of the testing process
* One of the first standardized testing tools
* Measures leisure behavior of adults
* Mainly used for clients who are 50 and older