

REGIONAL WRITE-UP—HEAD, FACE, AND NECK

Patient Kash [REDACTED] Date 9/9/19
 Reason for visit Cross Examiner Kelsey Sweeper
 Age [REDACTED] Gender [REDACTED]

I. Health History

	No	Yes, explain
1. Any unusually frequent or severe headaches?	✓	
2. Any head injury?		cracked head open
3. Experienced any dizziness?	✓	
4. Any neck pain?	✓	
5. Any lumps or swelling in head or neck?	✓	
6. Any surgery on head or neck?	✓	

II. Physical Examination

A. Inspect and palpate the skull.

General size and contour normocephalic
 Deformities, lumps, tenderness None
 Temporal artery soft
 Temporomandibular joint Smooth movement, no limitations

B. Inspect the face.

Facial expression appropriate with situation
 Symmetry of structures Symmetric of eyebrows, palpebral fissures, nasolabial folds, mouth
 Involuntary movements None
 Edema None
 Masses or lesions None
 Color and texture of skin Pink and smooth

C. Inspect the neck.

Symmetry centered in midline. muscles symmetric. Erect + str 1
 Range of motion, active Slow + controlled
 Test strength of cervical muscles. appropriate for age + development
 Abnormal pulsations None
 Enlargement of thyroid None
 Enlargement of lymph and salivary glands NO

D. Palpate the lymph nodes.

Exact location Not palpable
 Size and shape Not palpable
 Presence or absence of tenderness No
 Freely movable, adherent to deeper structures, or matted together Free movable
 Presence of surrounding inflammation NO
 Texture (hard, soft, firm) Soft

E. Palpate the trachea. symmetric on both sidesF. Palpate the thyroid gland. Not palpableG. Auscultate the thyroid gland (if enlarged). Not enlarged