**RECR 392 Post-Session Program Evaluation**

**(Modified from RECR 371 Original Version)**

Program Title: 5 senses and a Haiku Date: 07/23/2020

Group Members: Sarah Irby

Number of clients present: 1

1a. Was the session implemented as designed? (highlight answer)

Yes (skip to question #2) or No

1b. If no, please describe the changes or modifications made during implementation and reasons for making changes:

|  |  |
| --- | --- |
| Changes or Modifications | Reasons or Rationale |
| I used an apple instead of gummy bear | I did not have any candy available |
| I added calming music and lit a candle | To add to the ambiance and create a more relaxing atmosphere |
| I used a powerpoint slideshow of nature pictures instead of printing them out | I did not have color ink and wanted the participant to fully experience the images |

1c. How effective do you feel these changes or modifications were in comparison to the original plan? (highlight one)

Very effective 1 \_\_\_\_\_\_\_2\_\_\_\_\_\_\_\_3\_\_\_\_\_\_\_\_4\_\_\_\_\_\_\_\_5 Very ineffective

1d. Are there any additional changes or modifications in the session design that would further improve the session? Yes / No

If yes, describe:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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2. Were ***planned resources*** (i.e. materials, supplies, equipment, and facilities) available for this session?

Yes or No / If no, please explain: I didn’t have candy and I did not have color ink.

3. Was the ***amount of time*** allowed for this program sufficient for the client to achieve the expected outcomes?

Yes or No / If no, please explain:

4. Were ***group leaders well prepared*** for implementation of the program?

Yes or No / If no, please explain: I could’ve practiced beforehand, I forgot the 5th sense which was clumsy.

5. What ***unanticipated events or outcomes*** occurred in the program session?

* Positive unanticipated events or outcomes: The participant chose to write about a nature spot he was recently at instead of the images which I think is more impactful. The participant went very in depth when describing the apple, I thought that he would struggle to find three.
* Negative unanticipated events or outcomes:

6. What went well during the intervention?

I think the whole intervention was very relaxing and enjoyable. I clearly explained the directions and gave the participant enough time to do the activity.

7. What can be done to improve it for the future?

Practice beforehand. Add another element to the intervention to lengthen it.

8. Was the client engaged throughout? If not, what can you do differently next time to promote more engagement?

Yes

9. Reflect on your leadership role during the session. As a leader, what did you do well? What can you do to make improvements for the future?

I did a good job introducing the topic and providing instructions. I made it personal and asked good follow up questions. I believe I could’ve done a better job at tying the entire intervention together.

**Identify at least two specific observations for both formative and summative evaluation:**

Formative Evaluation of session outcomes: The participant stated he was more aware of his senses when describing the apple. He also said he felt peaceful when he was imagining and writing about his nature place.

Summative Evaluation of session outcomes: The participant said he felt very relaxed at the end of the session. He was able to write a haiku and enjoyed doing so.

**Evaluation of Outcomes** – From your written program outline, list each of your expected outcomes. Using the methods you identified in your written program outline, provide a written explanation evaluating the outcomes. Be specific, objective and provide evidence to support your explanation.

A piece of poetry- I saw the poetry he had written and he took it with him after the session.

Increased feelings of relaxation- He said he felt more relaxed and that the session was calming.