



# AUTISM SPECTRUM DISORDER

*A Guide for Parents*

## HOW TO FACILITATE LANGUAGE IN YOUR CHILD

### 1. Encourage Play

Providing opportunities to play provides more communication opportunities.

### 2. Imitate your Child

This helps facilitate sound vocalization.

### 3. Nonverbal and Verbal

Using both forms of communication together builds a foundation for further communication.

### 4. Leave Pauses in Conversation

Pauses allow for a child to see normal conversation flow.

### 5. Simplify Language

Allows child to process what is being said and makes it easier from them to imitate speech.

### 6. Use Child's Interests

Will maintain child's attention longer and child will be excited.

### 7. Visuals and Technology

Child can use to develop speech and make requests.

### 8. Structured Routine

Research supports children with ASD excel when they know what to expect.

## COMMUNITY RESOURCES

### The Founders Center of Commonwealth Autism

(804) 355-1011

Uses family insight and involvement for people to reach full potential

### Autism Society Central Virginia

(804) 257-0192

Holds meeting for parents and sponsors activities and events

### Richmond Autism Integration Network

(804) 754-0000

Provides social and recreational outlets to enhance health