

## Background

Opioids are analgesic drugs that can agonize endogenous opioid receptors at the neuronal synapse and inhibit signal transduction through nociceptive (pain) modulatory pathways, making opioids a popular drug choice for clinical pain management.<sup>1</sup>



Figure 1. Structures of common opioids

There are three main classes of opioid receptors: mu (MOR), delta (DOR), and kappa (KOR) receptors. Each receptor type varies in its physiological and psychological effects as well as its binding affinity to specific drugs.<sup>2</sup>

Table 1. Opioid binding selectivity and physiological effects for MOR, DOR, and KOR

		MOR	DOR	KOR
Opioids	Morphine	+++	+	+
	Oxycodone	+++	+	++
	Fentanyl	+++	+	-
	Heroin	+++	+	-
	eta-endorphin	+++	+++	+++
Effects	Analgesia	+++	+	++
	<b>Respiratory Depression</b>	+++	++	-
	Euphoria	+++	-	-
	Dysphoria	-	-	+++
	Physical Dependence	+++	_	+

# Saving the Synapse: Assessing Opioid Receptors as Therapeutic Targets in the Management of Opioid Addiction

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## Pharmacodynamics at the Synapse

- Small agonists (like morphine) interact with conserved residues in the bottom of the binding pocket, forcing an active receptor confirmation (Fig. 2)
- antagonists can occupy the • Small bottom of the binding pocket without forcing an active confirmation



Figure 3. Crystal structure of mu opioid receptor with G-protein.

- Chronic exposure to opioids physical induces and the chemical changes in synapse <sup>3</sup>
- $\beta$ -arrestin sterically displaces G-protein triggers and receptor internalization and desensitization (Fig. 4)
- Chronic presence of opioid agonist result in decreased endogenous neurotransmitter synthesis



Figure 2. SAR for pharmacophore of mu-receptor agonist.

- ORs = G-coupled proteins (Fig. 3)
- ORs are ~60% identical greatest conservation in transmembrane helices and the greatest diversity in their extracellular loops<sup>2</sup>
- Upon activation, G-protein  $\alpha$  and  $\beta \gamma$ subunits interact with second messenger to stimulate K<sup>+</sup> efflux, inhibit voltagegated Ca<sup>2+</sup> channels, and inhibit adenylyl cyclase
- Inhibits nociceptive signal transduction



Figure 4. Chronic opioid exposure induces  $\beta$ -arrestin-mediated internalization of opioid receptor. Cell becomes desensitized to opioid presence, results in increased tolerance.

These physiological changes are difficult to reverse thus increasing drug tolerance, fostering physical dependence, and contributing to addiction and withdrawal symptoms. <sup>3,4</sup>

## **Combating Opioid Addiction**

### **CURRENT AAPROACHES:**

- Need to control over-prescription of opioids in clinical setting
- Requires understanding of physical dependence as well as behavioral conditioning of drug use <sup>4</sup>
- Treating physical dependence:
  - Methadone (full mu receptor agonist)
  - Buprenorphine (partial mu receptor agonist and kappa receptor agonist)
  - (extended-release ► Naltrexone mu antagonist and kappa receptor antagonist)
  - Naloxone (antagonist to all receptors)



Figure 5. Comparison of agonist activity of Methadone and Buprenorphine and antagonist activity of Naltrexone

### **MORE RESEARCH NEEDED:**

- Easing symptoms of withdrawal to make antagonist drugs more desirable
- Selectively targeting conformation of PNS opioid receptors<sup>4</sup>
- Prevention or diminishing of receptor internalization <sup>3</sup>
- Combined agonist/antagonist regiment

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