

Noel Preece

Kinesiology Major and Honors Scholar at Longwood University

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COLLEGE OVERVIEW

August 2018 - Present

Academics

- Longwood University Class of 2022.
- Pursuing BS in Kinesiology with a minor in Coaching.
- Student tutor for the Kinesiology Dept.
- Member of the Cormier Honors College.
- Selected for PRISM research program, summer 2021.
- On the Dean's List for every completed semester.
- Current GPA of 3.774 after 6 semesters.
- Transcript will be attached if applicable.

Athletics — *Distance Running*

August 2018 - 2020

Cross Country at Longwood University - Team Captain of Division 1 Team from 2019-2020 - Consistent Top-3 spot on Longwood's Division 1 team for 2018 season - 2018 6K Freshman Record - 2018 All-Academic Team.

HIGH SCHOOL OVERVIEW

August 2014 - May 2018

Academics

- Completed 4 years of Secondary Education at James River High School.
- Weighted GPA: **4.0**
- SAT: **1400** (Reading/Writing: **680**, Math **720**).
- ACT: **31**

Athletics — *Distance Running*

February 2015 - February 2018

Cross Country - 3 "letters" received - 2016 All-District Runner - 2017 All-Region Runner and 17th in State - 2017 Team Captain.

Indoor Track - 2 "letters" received - 2017 4x800m Relay Region Champion and 4th in state - 2018 Wally Gilbert Invitational 3200m champion - 2018 4x800m Relay 5th in state - 2018 4x400m Relay 3rd in state 2018.

Outdoor Track - 2 "letters" received - 2016 4x800m Relay 3rd in Region

SKILLS INCLUDE

Professional grade **photography** using a broad range of Nikon DSLR cameras as well as 35mm film development and printing.

Writing well under pressure for a variety of different scenarios, including creative, essay and reporting.

Picking up other's late or neglected work and turning it into a finished product efficiently (it's more useful than it may sound).

Using a wide range of **Equipment**, specifically in relation to maintenance (tractors, lawn equipment, small-scale construction).

- 2017 4x800m Relay Region Champion and 4th in state - 2017 3200m 4th in Region and 14th in State.

Other Extracurriculars

Academic Team (Scholastic Bowl) - Team member for the 2014-15 and 2015-16 seasons.

One-Act Play (Competition Drama) - Cast member for the 2015 season.

Yearbook - Photography Editor and overseeing staff member from 2016 to graduation (2018).

National Honor Society - Inducted in 2016 and active member through graduation (2018).

Concert Band - Percussionist from 2015 to graduation.

Other Plays - Cast member of two non-competition plays including "Birds of a Feather" and "The Rubber Room."

COMMUNITY SERVICE and WORK EXPERIENCE

Community Service

- Volunteer at Local Nonprofit Theatre (1-4 times per month) from 2015 to 2018.
- Volunteer at local "Rise Against Hunger" annual event.
- Volunteer at local library for annual reshelving, sorting, and relocating of books.
- Helper at annual "luminary" holiday event where Main Street Buchanan is adorned in thousands of candles.

Work Experience

- Remote Intern at King Edward Memorial Hospital Research Center (Pune, India) researching and prescribing exercise treatment for patients with fibromyalgia during the summer of 2021.
- Intern photographer at local newspaper (Fincastle Herald). Helped to cover local events 2 - 4 times per month, 2017 to 2018.
- Grounds Crew at Camp Bethel Summer Camp and Event Center during the summer, 2018 and 2019.

Other Experience and Achievements

- Worldwide and domestic travel including New York City, New Jersey, Russia, Colorado, Washington State, Washington DC and West Indies (lower Caribbean).
- Currently CPR/AED Certified through the red cross.
- Completed Ellis Lifeguard certification program in 2016.

- Hugh O'Brien Leadership alternate in 2016.
- VHSL Academic Excellence Award recipient in 2017.
- Numerous school "Knight of the Arts" awards including sculpture, photography and a Certificate of Purchase.
- Hosted Russian student for five weeks in 2015.

References

Mickey Nichols (campbethelfixit@gmail.com) / (540) 588-4301) - Head of Grounds Crew at Camp Bethel

Deputy Butch Lewis (blewis@bcps.k12.va.us) / (540) 355-6916) - JRHS Cross Country Coach.