Table 1:

*ANOVA of a Child’s Ability to Discuss Emotions by Their Ability to Describe a Time in which they have felt an Emotion*

Recall an emotion? Mean Standard Deviation Sum of Squares Mean of Squares F-Value

Yes, w/o assistance 9.1 1.4 24.5 24.5 6.3\*

Yes, w/ assistance 8.8 1.6

No 5.5 4.0

*Note:* p<.05\*, p<.01\*\*, p<.001\*\*\*, Ability to discuss emotions ranged from 0-10.

 Table 1 shows the correlation between the independent variable, “was your child able to describe a time they felt one of these emotions?” and “on a scale of 0-10, how effective was this activity in helping your family discuss emotions?” the possible answers for the independent variables were “yes, without assistance”, “yes, with assistance”, and “no”. The table above shows a significant difference at the .05 level between the means of the three groups. The data from the table show that children who were able to describe, without help, a time in which they have felt an emotion, on average, are more likely to effectively discuss emotions with their families. The children who were unable to describe a time in which they have felt an emotion were less likely to effectively discuss their emotions with their families.