

interpersonal violence

STATISTICS

- 7% women, 4% men have experienced violence by the age of 18 years (CDC, 3).
- 25% of high school girls have been abused physically/sexually (Do Something, 4).
- 33% of adolescents in America are victim to sexual, physical, verbal, or emotional dating abuse (Do Something, 5).



RISK FACTORS

- Substance abuse
- Previous experience with violence in the home
- Believing dating violence is acceptable
- Depression/aggression

CONSEQUENCES

HEALTH ECONOMIC SOCIAL

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| <ul style="list-style-type: none">• Depression• Eating disorders• Self-harm• Alcohol abuse• Choosing abusive partners later in life | <ul style="list-style-type: none">• Money spent on health services• Losing days of paid work• Job performance is affected (Domestic Shelters, 2017). | <ul style="list-style-type: none">• Relationships• Children learn from their own experiences• Substance abuse• Children grow up in violent homes (FBWC, 2014). |
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- (WHO, 2012).

WHAT CAN YOU DO?

- Provide education on anger management
- Engage in community initiatives of teaching non-violent approaches to conflict
- Partake in family programs
- Teach negotiation and meditation skills

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