

GENDER/PRONOUN SHEET

- Cisgender: Identifies as gender assigned at birth
- Transgender: Identifies as gender other than one assigned at birth
 - AFAB: Assigned female at birth
 - AMAB: Assigned male at birth
 - Trans man: Identifies as male
 - Trans woman: Identifies as female
 - Non binary/agender: Identifies as neither gender
 - Genderfluid: Identifies as two or more genders (may switch between genders)
- "She is a trans girl"
 - "She was assigned male at birth"
 - "She is AMAB"
- "He is a trans boy"
 - "He was assigned female at birth"
 - "He is AFAB"
- "They are non binary"
 - "They were assigned _____ at birth"

*Pronouns don't always equal gender. Someone may use two or more pronouns (She/they, he/her, he/they, he/she/they)

*Use they/them until pronouns are known! Always introduce yourself with your name and pronouns then ask their name and pronouns