

# KELSEY OSTROWSKI

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## EDUCATION

### Bachelor of Science in Nursing with Honors

Longwood University (Cormier Honors College)

GPA: 3.72 - *President's List, Dean's List*

May 2020

Farmville, VA

### Advanced Studies Diploma

Bayside High School – Health Sciences Academy

GPA: 4.05

June 2016

Virginia Beach, VA

## LEADERSHIP EXPERIENCE

Virginia Nursing Student Association

First Vice President- 2019

VNSA Voting Delegate- 2018-2019

NSNA Virginia Voting Delegate 2019

Spring 2018- Present

Student Nurses Association

President - 2019

Secretary - 2018

Fall 2016- Present

Alpha Phi Omega

President - 2018

Spring 2017- Present

Longwood Nursing Honor Society

Fall 2018 - Present

Alternative Spring Break

Spring 2017-Present

Vice President – 2018 & 2019

Treasurer – 2017 & 2018

Trip Leader – 2019 Saguaro, AZ (Environmental Services)

Trip Leader – 2018 Houston, TX (Hurricane Harvey recovery)

American Red Cross Blood Drive Coordinator

Fall 2018- Present

VNA 2018 Legislative Summit – November 8<sup>th</sup>, 2018

NSNA Conference- April 3<sup>rd</sup>- 7<sup>th</sup>, 2019

Cormier Honors College

Fall 2016-Present

## EXPERIENCE

### Supervisor/Lifeguard

August 2013-Present

Caribbean Pool Company

Virginia Beach, VA

- Managed over 20 community pools in the Hampton Roads area
- Maintain appropriate pool chemistry and completed daily checks
- Trained pool attendants and lifeguards on company rules and regulations
- Certified Lifeguard and First Aid Administrator by the American Red Cross (2013, 2015, 2017)
- Certified Pool Operator by the Chesapeake Health Department (2014)

### Lifeguard

May 2015-November 2015

City of Virginia Beach

Virginia Beach, VA

## HONORS

Longwood University Nursing Honor Society

Fall 2018- Present

Joan of Arc Visionary Leadership Award

2018

## SKILLS

Computer: Microsoft Word, Excel,  
PowerPoint

Certifications: BLS

Language: Spanish