

1. After taking the Personal Values Assessment I found that the values I value more in is Social and Family because those two areas I find very important in my life which are my relationships and friendships. This assessment also helped me realize that all of my values help me become the well rounded individual I am now. I feel that having strengths in all of these values that are in this assessment is important as a Social Worker because we need to have certain values in order to appropriately serve our clients. Nothing from this assessment actually surprised me, I felt that this assessment helped me realize how many values I have already obtained throughout my life.
2. My values will have a significant impact on my career as a Social Worker because certain values will help me and my interactions with my clients and individuals I may work with. Values guide our behavior in life so it is important to ensure that the values I am strong at are matching with my attitudes I have towards certain issues. I also believe that values will help guide me and assist me when dealing with different ethical dilemmas and issues that are faced by Social Workers. Values help shape our biases and what we believe in.
3. My values, beliefs, and social identities affect both my leadership ability and potential because as leaders its important to establish certain values that will help the leaders-follower relationship within a organization or group. I am the President of the Club football team here at Longwood so my role on the team is a leader. I have certain values and beliefs that helps me connect with my teammates in order for us to be successful.
4. In order for practitioners to ensure they are being inclusive one strategy I find important is empathizing. I feel that in order to be inclusive individuals should know how to empathize. People of different backgrounds and races experience different challenges so being able to empathize with someone who is not like yourself is very essential in order to practice inclusivity.