Gabby Ewell

Lsem

Dr. Ulmer

9-14-16

To me, to respect someone is to hold them in high regard. To be respectful is to treat someone with the kindness and politeness with which I would like to be treated. I feel that respect towards all is necessary in most situations but especially in professional settings. Without respect there is not trust and things cannot run smoothly without it.

My personal definition of integrity is to have decent moral values in the way of being truthful, respectful, and kind to those around oneself. To be a person of integrity I feel that one must hold themselves to a high moral standard in all situations. To do so, respect must tie in, as many will not respect someone who does not show integrity and one who does not possess integrity will not command respect of others nor respect others.

Inclusion to me means to try to involve those around me in the larger group or activity that may be occurring by asking them to join or making it clear that they are welcome to do so. A major part of having integrity and of respecting others is to strive to avoid anyone being isolated or feeling left out.