

JUNE NEWSLETTER

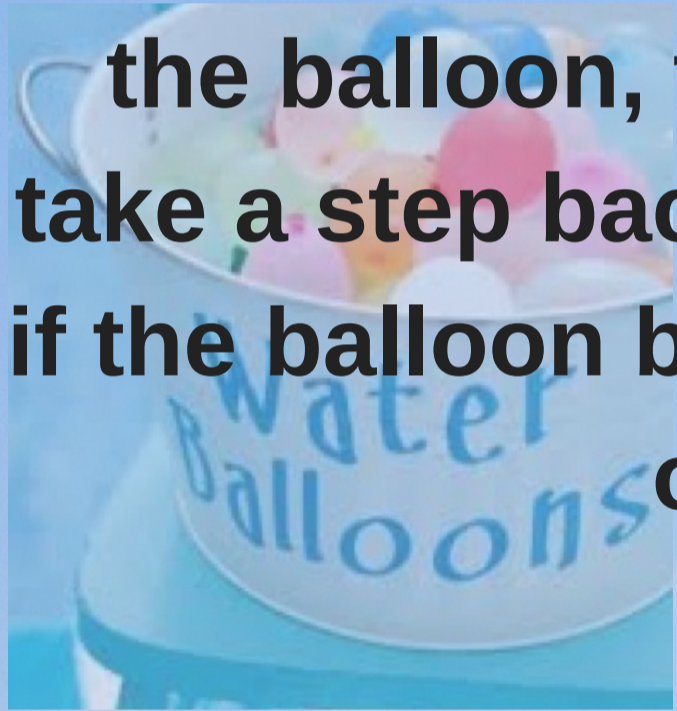
Family Water Balloon Day!

Step One: Gather some water balloons

Step Two: Pick a partner

Step Three: Each player holding a balloon tosses it to their partner.

Step Four: If the player catches the balloon, the players each take a step backwards. However, if the balloon breaks, the game is over.



Sidewalk Chalk Obstacle Course!



Yummy Snacks!

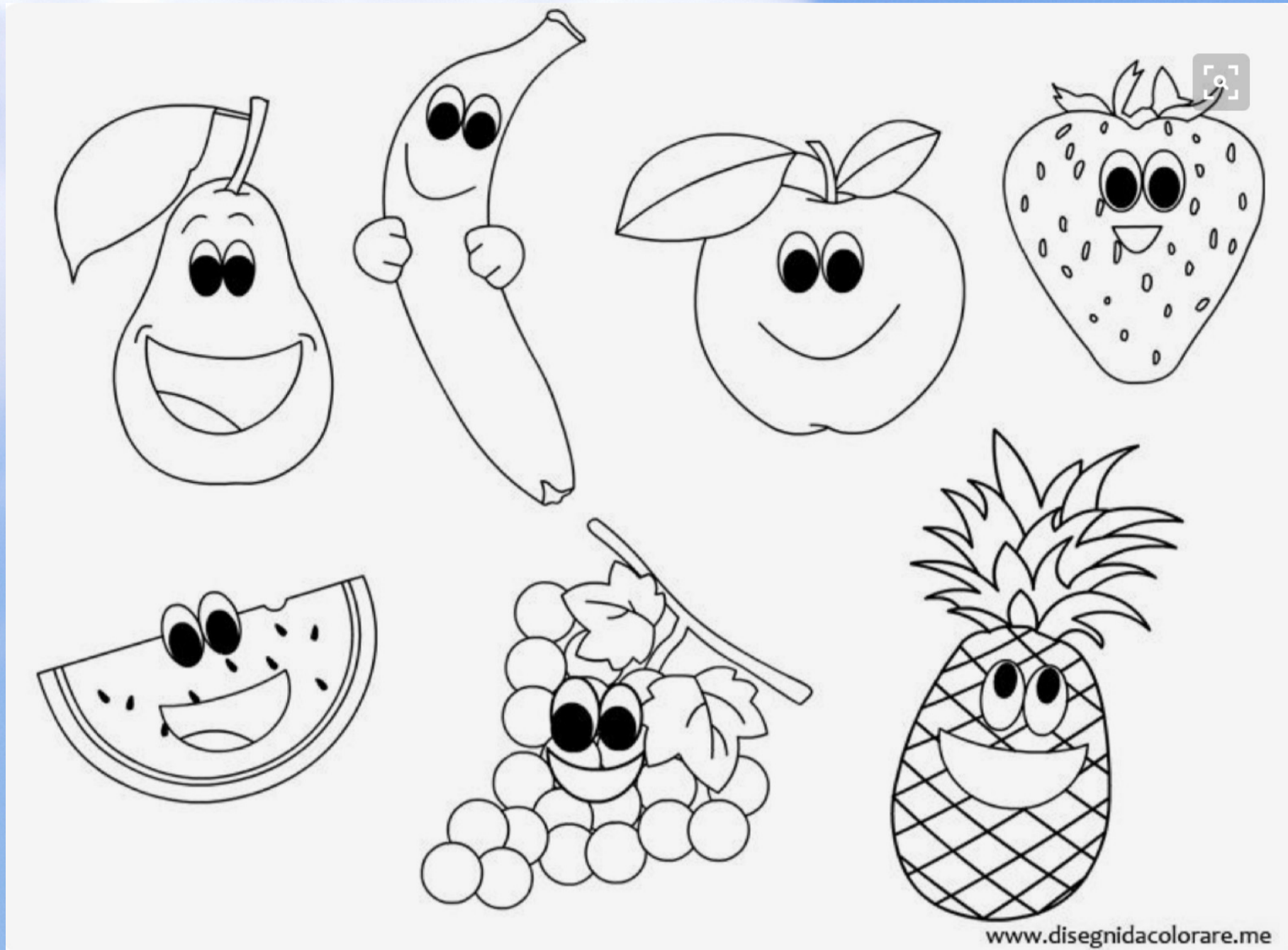


Make your own dolphin fruit cups!

Fun Facts!

- Drink lots of water: Your body is about 60% water!
- Strawberries are the only fruit that have their seeds on the outside!
- Bananas, mangoes, peaches, and avocados are pollinated by bats!
- Tomatoes are actually fruits!
- Use your cucumber peels as an eraser! They can erase pen marks!
- The oldest known veggie is the pea!

Fruits are Colorful!



Let's Go Fly a Kite!

Make your own kite out of a paper bag, streamers, string and decorations! Run fast to keep the kite flying!



Rainy Day Fun!

On a rainy day in June, grab your raincoat and boots and see how many puddles you can jump in!



Pool Days!

Ask your parents about pools near you! Swimming is a great way to cool down, keep your body strong and active, and have fun in the summer!

