

In these past few years, you have learned much and accomplished even more. I want you to think about your journey that got you to this point in your life. Think of the hard work that you have put in, the struggles that you have faced, the fears and anxieties that you have conquered, and the high and lows in your life that have broken you down and built you up. Take this moment to thank yourself for all your hard work and for never giving up. The obstacles and challenges in your life have shaped you into the strong, courageous, and passionate person that you are today. Recognize the people who have helped and supported you through your journey: your friends, your family, your professors, and many more people. These people are the ones who matter most.

As you take the next step into your life, look forward to your future as you will continue to grow and thrive in the world. There will be more challenges and obstacles in your future. However, you will face the challenges and overcome the obstacles. You will make mistakes, you will have regrets, and you will fail. These are part of life, but instead of running away from them, I say that you embrace your mistakes, regrets, and failures. When you embrace it, you allow yourself to grow and mature. You've made it this far in life and you will continue to make it far in life. Discover something new everyday and never stop learning. Work hard and achieve your goals. Stay true to yourself and do what makes you happy.

They say that a journey of a thousand miles begins with a single step. Well, your one step that you took years ago has become a thousand. Along the way, you've tripped, stumbled, and fallen. However, you picked yourself up, continued your journey and made it to your destination. As Sigmund Freud said, "One day, in retrospect, the years of struggle will strike you as the most beautiful." I hope you look forward to your next journey of a thousand steps.