Emma Carlstrom

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**EDUCATION**

**Longwood University Farmville, VA**

*Bachelor of Science in Therapeutic Recreation*

Expected Graduation: May 2023

**Monacan High School North Chesterfield, VA**

*Governor’s Health Professions and Therapies Program*

GPA: 3.87; Graduated with Advanced Diploma

Graduated June 2019

**PROFESSIONAL EXPERIENCE**

**Longwood University Farmville, VA**

*Healthy Innovations Student Volunteer: Fall 2019-present*

* Engage children and adolescents with disabilities from Prince Edward County schools in recreation interventions.
* Utilize the client’s goals to provide meaningful activities such as throwing balls, beading bracelets, playing board games, and recreational games, such as tag.

**Next Steps Behavioral Center Henrico, VA**

*Applied Behavioral Analysis Observer August 2018-June 2019*

* Observed children with disabilities (mainly Autism and other intellectual disabilities) to gain knowledge of the field.
* Recorded evaluations for the children to be able to assess later.
* Assisted with organization, paper cutting, and laminating.

**WORK EXPERIENCE**

**Osaka Sushi- EAT Restaurants Richmond, VA**

*Hostess:**March 2019- Present*

* Managed To-Go sales, over a quarter of the restaurant’s sales.
* Assisted guests and front house staff by using problem solving and teamwork skills.
* Managed reservation system and maximized sales for the restaurant.

**ACTIVITIES**

**Freshman Class Council,** Longwood University, Secretary, September 2019-present

**Therapeutic Recreation Organization,** Longwood University, September 2019- present

**Longwood LIFE,** Longwood University, September 2019- present

**YoungLife,** Longwood University, September 2019- present

**SKILLS**

**Computer/Tech:** Microsoft Office (Word), Instagram, Google Platforms