

What is a living donor?

When a living person donates an organ or donates part of an organ for transplant into another person they are considered a living donor. (1)



LIVING DONOR TRANSPLANTS



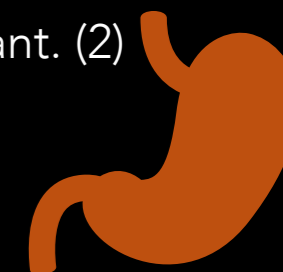
How long until I can go back to my everyday life?

(2)	LIVER DONORS	KIDNEY DONORS
HOSPITAL STAY	5 DAYS	2-3 DAYS
DRIVE	2-4 WEEKS	2 WEEKS
BACK TO EVERYDAY LIFE	8 WEEKS	4-5 WEEKS
HEAVY LIFTING	8-12 WEEKS	6-12 WEEKS

Can I be a living donor?

- Must be **18 years or older**
- Have **good mental and physical health**
- Must be able to fully understand the risks involved with donation and be **able to make your own decision about if living organ donation is the right decision for you** (3)

The waiting list for organs to be transplanted in the United States has **more than 100,000 people** on it. Thousands of people are removed each year because they become too sick to receive a transplant. (2)



Living organ donation is an opportunity to save someones life while you are still alive.