

# Katelyn Bryant

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## Educational Objective

To pursue undergraduate studies in Kinesiology with a goal to obtain a Masters in Athletic Training.

## Education

**Cormier Honors College at Longwood University**, Farmville, VA  
**GPA:** 3.871  
**Major:** Kinesiology

**Smithfield High School**, Smithfield, VA (Grades 9 - 12)  
**GPA:** Weighted: 4.2966 / Unweighted: 3.99

## Extracurricular Activities/ Volunteer Activities

### **Longwood Ambassador: Activities and Socials Committee Head**

- Volunteer within the campus community by giving tours and student panels to prospective students and families.

### **Zeta Tau Alpha: Alpha Chapter: Sisterhood Chairman**

- Sister of ZTA participating in philanthropy, service, and sisterhood events.

### **Longwood Club Swimming**

- Participated in a competition swim team for Longwood University.

## Honors & Awards

**Awarded President's List (Spring 2021)**

**Awarded Dean's List (Fall 2019, Spring 2020, & Fall 2021)**

**Awarded Longwood Continuing Residential Citizen Award**

**Member of Alpha Lambda Delta**

**Member of Cormier Honors College**

## Skills and Special Training

**CPR & First Aid Certification:** Red Cross (2021)

**AED Certification:** Red Cross (2021)

**ISSA Personal Training Certification:** (2020)

**NASPA Peer Educator Certification:** (2020)

**Excellent communication and organizational skills**

## Work Experience

- **Riverside Fitness Instructor**, 05/2021 to Current
- **YMCA Wellness Coach/ Group Fitness Instructor**, 04/2021 to Current
- **Longwood University Campus Recreation Group Fitness Instructor/ Personal Trainer/ Wellness Supervisor/ Powerlifting Attendant**, 08/2020 to Current
- **Longwood University Peer Mentor**, 06/2020 to 01/2021
- **East West Lifeguard/ Staff**, 06/2018 to 08/2020
- **Smithfield Swim Club Lifeguard/ Swim Instructor**, 05/2017 to 09/2018
- **YMCA Swim Instructor/ Lifeguard**, 10/2016 to 05/2018
- **Swim USA Instructor**, 06/2018 to 09/2018
- **YMCA Swim Team Coach**, 08/2017 to 04/2018