

Athletic Training Program
 Clinical Proficiencies
 ATTR 473 – Clinical Methods in Athletic Training V

Name _____

Points: ____/56 Score: ____/ 20

Evaluation of On-the-Field Head & Cervical Spine Injuries

Note to Preceptor: Please circle a number. Do not write in fractions or decimals.

Task	Cl. Preceptor Rating						Comments
	Knowledge			Skill			
Establishes inline stabilization	0	1	2	0	1	2	
PRIMARY ASSESSMENT							
Assesses ABCs	0	1	2	0	1	2	
Determines LOC using Glasgow Coma Scale	0	1	2	0	1	2	
Observes for signs of shock, severe deformity, severe bleeding	0	1	2	0	1	2	
SECONDARY ASSESSMENT							
Obtains a history	0	1	2	0	1	2	

Task	Cl. Preceptor Rating						Comments
	Knowledge			Skill			
Observes for signs of shock (on-going), deformity, discoloration, muscle tone, pupil reaction	0	1	2	0	1	2	
Performs neurovascular assessment	0	1	2	0	1	2	
Determines differential diagnosis	0	1	2	n/a			
Assesses cervical ROM (if appropriate)	0	1	2	0	1	2	
Palpates bony landmarks	0	1	2	0	1	2	
Palpates soft tissue structures	0	1	2	0	1	2	

2	Proficient	Performs skill correctly and demonstrates understanding of clinical significance
1	Competent	As expected, performs skill accurately
0	Deficient	Unable to perform skill correctly

Task	Cl. Preceptor Rating						Comments
	Knowledge			Skill			
Performs appropriate tests for differential assessment of traumatic cervical spine injury (spinal cord injury, cervical fx, cervical dislocation, etc)	0	1	2	0	1	2	
Performs appropriate tests for differential assessment of traumatic head injury (skull fx, facial fx, concussion, hematoma, etc)	0	1	2	0	1	2	
Perform appropriate sensory, neurological & circulatory tests	0	1	2	0	1	2	
Professional Behavior (e.g. communication, confidence, patient interaction, etc)	0	1	2				

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Evaluation of Off-the-field Head and Cervical Spine Injuries

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Task	Cl. Preceptor Rating						Comments
	Knowledge			Skill			
Obtains a history	0	1	2	0	1	2	
Observes for symmetry, movement integrity, fracture signs, signs of trauma	0	1	2	0	1	2	
Assesses posture	0	1	2	0	1	2	
Assesses cervical ROM (if appropriate)	0	1	2	0	1	2	
Performs appropriate MMT	0	1	2	0	1	2	
Performs neurovascular assessment	0	1	2	0	1	2	

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Task	Cl. Preceptor Rating						Comments
	Knowledge			Skill			
Palpates bony landmarks	0	1	2	0	1	2	
Palpates soft tissue structures	0	1	2	0	1	2	
Performs appropriate tests for differential assessment of joint pathology (facet, IV disc, etc)	0	1	2	0	1	2	
Performs appropriate tests for differential assessment of bony conditions (fracture, dislocation, etc)	0	1	2	0	1	2	
Performs appropriate tests for differential assessment of spinal cord and nerve root injury	0	1	2	0	1	2	
Performs appropriate tests for differential assessment of concussion	0	1	2	0	1	2	
Professional Behavior (e.g. communication, confidence, patient interaction, etc)	0	1	2				

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Thorax/Abdomen Evaluation

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Task	Cl. Preceptor Rating						Comments
	Knowledge			Skill			
Obtains a history	0	1	2	0	1	2	
Observes for posture, movement integrity, muscle tone, breathing pattern, signs of trauma	0	1	2	0	1	2	
Palpates bony landmarks (sternum, ribs)	0	1	2	0	1	2	
Palpates soft tissue structures (spleen, kidneys, McBurney's point, quadrants)	0	1	2	n/a			
Assesses vital signs (BP, HR, RR, skin color, body temp, etc)	0	1	2	0	1	2	
Performs appropriate tests for differential assessment of bony conditions	0	1	2	0	1	2	

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Task	Cl. Preceptor Rating						Comments
	Knowledge			Skill			
Performs appropriate tests for differential assessment of bony conditions (rib compression test, etc)	0	1	2	0	1	2	
Performs appropriate tests for differential assessment of conditions of the GI tract (McBurney's point, auscultation of bowels, etc)	0	1	2	0	1	2	
Professional Behavior (e.g. communication, confidence, patient interaction, etc)	0	1	2				

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Head/Face Evaluation

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Task	Cl. Preceptor Rating						Comments
	Knowledge			Skill			
Obtains a history	0	1	2	0	1	2	
Observes for position of the head, vertebral alignment	0	1	2	0	1	2	
Observes for signs of head or face trauma, including the ear, eye, nose, mouth, teeth, TMJ and skull	0	1	2	0	1	2	
Performs appropriate sensory, neurological & circulatory tests	0	1	2	0	1	2	
Determines differential diagnosis	0	1	2	n/a			
Palpates bony landmarks	0	1	2	0	1	2	

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Task	Cl. Preceptor Rating						Comments
	Knowledge			Skill			
Palpates soft tissue structures	0	1	2	0	1	2	
Assesses vital functions	0	1	2	0	1	2	
Performs appropriate tests to screen for head injury (concussion, intracranial hematoma, skull fx, etc)	0	1	2	0	1	2	
Performs appropriate tests to screen for acute and/or traumatic injuries to the ear, eye, nose, mouth, teeth, TMJ and skull	0	1	2	0	1	2	
Professional Behavior (e.g. communication, confidence, patient interaction, etc)	0	1	2				

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Shoulder Evaluation & Therapeutic Intervention

Note to Preceptor: Please circle a number. Do not write in fractions or decimals.

Task	Cl. Preceptor Rating						Comments
	Knowledge			Skill			
Obtains a history	0	1	2	0	1	2	
Observes for symmetry, contour, height, winging, fluid movement, Sprengel's deformity, scapulohumeral rhythm, step deformity	0	1	2	0	1	2	
Assesses ROM	0	1	2	0	1	2	
Determines differential diagnosis	0	1	2	n/a			
Performs appropriate MMT	0	1	2	0	1	2	
Performs appropriate sensory, neurological & circulatory tests	0	1	2	0	1	2	

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Task	Cl. Preceptor Rating						Comments
	Knowledge			Skill			
Palpates bony landmarks	0	1	2	0	1	2	
Palpates soft tissue structures	0	1	2	0	1	2	
Performs appropriate special tests based on differential diagnosis	0	1	2	0	1	2	
Determines appropriate intervention using sound clinical decision-making and best practice standards	0	1	2	0	1	2	
Performs appropriate intervention for the injury or condition	0	1	2	0	1	2	
Professional Behavior (e.g. communication, confidence, patient interaction, etc)	0	1	2				

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Elbow Evaluation & Therapeutic Intervention

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Task	Cl. Preceptor Rating						Comments
	Knowledge			Skill			
Obtains a history	0	1	2	0	1	2	
Observes for symmetry, contour, carrying angle, movement integrity	0	1	2	0	1	2	
Assesses ROM	0	1	2	0	1	2	
Determines differential diagnosis	0	1	2	n/a			
Performs appropriate MMT	0	1	2	0	1	2	
Performs appropriate sensory, neurological & circulatory tests	0	1	2	0	1	2	

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Task	Cl. Preceptor Rating						Comments
	Knowledge			Skill			
Palpates bony landmarks	0	1	2	0	1	2	
Palpates soft tissue structures	0	1	2	0	1	2	
Performs appropriate special tests based on differential diagnosis	0	1	2	0	1	2	
Determines appropriate intervention using sound clinical decision-making and best practice standards	0	1	2	0	1	2	
Performs appropriate intervention for the injury or condition	0	1	2	0	1	2	
Professional Behavior (e.g. communication, confidence, patient interaction, etc)	0	1	2				

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Ankle/Lower Leg Evaluation & Therapeutic Interventions

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Task	Cl. Preceptor Rating						Comments
	Knowledge			Skill			
Obtains a history	0	1	2	0	1	2	
Observes for symmetry, contour, tibial torsion, foot structure, LE alignment (measures LL girth if appropriate)	0	1	2	0	1	2	
Assesses ROM of knee & ankle/foot	0	1	2	0	1	2	
Differential diagnosis	0	1	2	n/a			
Performs appropriate MMT	0	1	2	0	1	2	
Palpates bony landmarks	0	1	2	0	1	2	

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Task	Cl. Preceptor Rating						Comments
	Knowledge			Skill			
Palpates soft tissue structures	0	1	2	0	1	2	
Performs appropriate special tests based on differential diagnosis	0	1	2	0	1	2	
Determines appropriate intervention using sound clinical decision-making and best practice standards	0	1	2	0	1	2	
Performs appropriate intervention for the injury or condition	0	1	2	0	1	2	
Perform appropriate sensory, neurological & circulatory tests (Tinel, pulses, Homan, etc)	0	1	2	0	1	2	
Professional Behavior (e.g. communication, confidence, patient interaction, etc)	0	1	2				

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Knee Evaluation & Therapeutic Intervention

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Task	Cl. Preceptor Rating		Comments
	Knowledge	Skill	
Obtains a history	0 1 2	0 1 2	
Observes for symmetry, contour, valgum/varum, femoral torsion, patellar alignment, etc.	0 1 2	0 1 2	
Assesses ROM	0 1 2	0 1 2	
Differential diagnosis	0 1 2	n/a	
Performs appropriate MMT	0 1 2	0 1 2	
Palpates bony landmarks	0 1 2	0 1 2	

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