

Emergency Situations

Skill	Cl. Preceptor		Comments
VITAL SIGN ASSESSMENT	Score	Initial	
Blood pressure			
Pulse			
Respirations			
Skin Color			
INITIAL ASSESSMENT			
Primary assessment (unconscious)			
Secondary assessment (conscious)			
Secondary assessment (unconscious)			
Triage emergency situations			
Percussion test (fracture)			
Compression test (fracture)			
Tuning fork test			
IMMOBILIZATION (Vacuum splints, SAM splints or similar)			
Ankle/foot			
Knee			
Elbow			
Forearm/wrist			
TREATMENT			
General Wound Care			
Describe OSHA Requirements			
Application & removal of personal protective equipment properly (BBP)			
Properly dispose of hazardous waste			
Application of proper dressing			
Application of RICE			
Spine-boarding – classroom or clinical setting			
Immobilization and transportation with fracture or dislocation			

Clinical Preceptor Signature: _____

Date: _____

2	Proficient	Performs skill correctly and demonstrates understanding of clinical significance
1	Competent	As expected, performs skill accurately
0	Deficient	Unable to perform skill correctly

Upper Extremity Neurological & Vascular Assessment Skills

Skill	Cl. Preceptor		Comments
	Score	Initial	
Dermatomes C5-T1			
MYOTOMES			
C5 – Shoulder Abduction			
C6 – Elbow flexion			
C6 – Wrist extension			
C7 – Elbow extension			
C7 – Wrist flexion			
C8 – Ulnar deviation			
C8 – Thumb extension			
T1 – finger abd/add			
T1 – DIP flexion			
REFLEXES			
C5 – Biceps			
C6 – Brachioradialis			
C7 - Triceps			
PULSES			
Brachial (x 2)			
Radial			
SPECIAL TESTS			
Allen test (patency)			
Spurling’s test			
Cervical nerve root compression/distraction			
Adson maneuver (test)			
Costoclavicular syndrome			
Wright’s test (X 2)			
Allen test (TOS)			
Roos test			
Tinel test (elbow)			
Tinel test (wrist)			
Elbow flexion test (Dual purpose)			
Phalen/reverse			
Wartburg			

Clinical Preceptor Signature: _____

Date: _____

2	Proficient	Performs skill correctly and demonstrates understanding of clinical significance
1	Competent	As expected, performs skill accurately
0	Deficient	Unable to perform skill correctly

Wrist Skills

Skill	Cl. Preceptor		Comments
	Score	Initial	
POSTURAL ASSESSMENT			
Carrying posture			
Identifies guarding position			
Notes creases & eminences			
AROM			
Wrist Flexion/extension			
Wrist Radial/ulnar deviation			
Forearm Supination/pronation			
PROM			
Wrist Flexion/extension			
Wrist Radial/ulnar deviation			
Forearm Supination/pronation			
RROM			
Wrist Flexion/extension			
Wrist Radial/ulnar deviation			
Forearm Supination/pronation			
MANUAL MUSCLE TESTING			
Flexor carpi radialis			
Flexor carpi ulnaris			
Palmaris longus			
Flexor digitorum superficialis			
Extensor carpi radialis longus			
Extensor carpi radialis brevis			
Extensor digitorum			
Flexor digitorum profundus			
Pronator quadratus			
Flexor pollicis longus			
ABductor pollicis longus			
Extensor pollicis longus			
Extensor pollicis brevis			
LIGAMENTOUS TESTING			
Varus			
Valgus			
A/P glides			
Linscheid			
Scaphoid shift (Watson)			
Pisiform shear			
TFCC load			
Piano key sign			
SPECIAL TESTS			
ECU tendon subluxation			
Finkelstein			
VASCULAR TESTS			
Allen test			
Radial pulse			

Clinical Preceptor Signature: _____

Date: _____

2	Proficient	Performs skill correctly and demonstrates understanding of clinical significance
1	Competent	As expected, performs skill accurately
0	Deficient	Unable to perform skill correctly

Shoulder Skills

Skill	Cl. Preceptor		Comments
POSTURAL ASSESSMENT	Score	Initial	
Notes movement of extremity during gait			
Sitting posture			
Thoracic kyphosis			
Cervical lordosis			
Scapular position/protraction			
Standing posture			
Height assessment			
Hands on hip position			
Posterior spinal alignment			
Lateral spinal alignment			
Lateral: head position			
Lateral: Rounded shoulders			
Check for scapular winging			
Arm posture			
Kibler lateral slide test			
Check scapula-humeral rhythm			
MANUAL MUSCLE TESTING			
Pectoralis minor			
Serratus anterior			
Upper trapezius			
Middle trapezius			
Lower trapezius			
Rhomboids/levator			
Supraspinatus			
Infraspinatus			
Teres minor			
Subscapularis			
Anterior deltoid			
Middle deltoid			
Posterior deltoid			
Teres major			
Latissimus dorsi			
Pectoralis major – upper			
Pectoralis major – lower			
Coracobrachialis			
Biceps brachii			
Triceps brachii			
AROM			
Abduction/adduction			
Flexion/extension			
Internal/external rotation			
Protraction/retraction			
Elevation/depression			
Horizontal ABD/ADD			
PROM			
Abduction/adduction			
Flexion/extension			

2	Proficient	Performs skill correctly and demonstrates understanding of clinical significance
1	Competent	As expected, performs skill accurately
0	Deficient	Unable to perform skill correctly

Skill	Cl. Preceptor		Comments
	Score	Initial	
Internal/external rotation			
Protraction/retraction			
Elevation/depression			
Horizontal ABD/ADD			
RROM			
Abduction/adduction			
Flexion/extension			
Internal/external rotation			
Protraction/retraction			
Elevation/depression			
Horizontal ABD/ADD			
AC JOINT TESTS			
Traction			
Sheer/compression			
Salute			
INSTABILITY TESTS - ANTERIOR			
Apprehension			
Jobe relocation			
Load & shift			
Anterior drawer			
Anterior release			
INSTABILITY TESTS - POSTERIOR			
Posterior drawer			
Posterior glide/Norwood			
Multidirectional: Sulcus sign			
IMPINGEMENT TESTS			
Neer			
Hawkins (HK)			
Coracoid impingement			
Cross arm ADD			
Yocum (shoulder salute)			
IR resisted strength			
Hesitation			
Infraspinatus			
ROTATOR CUFF TESTS			
Empty can			
Gerber-lift off			
Napoleon test			
Dropping sign			
Hornblower's sign			
BICIPITAL TENDONITIS TESTS			
Speed's			
Yergason's			
Ludington			
Gilchrest			
Lippman			
Transverse humeral ligament			

2	Proficient	Performs skill correctly and demonstrates understanding of clinical significance
1	Competent	As expected, performs skill accurately
0	Deficient	Unable to perform skill correctly

Skill	Cl. Preceptor		Comments
	Score	Initial	
LABRAL TESTS			
Compression rotation/SLAP crank			
O'Brien's			
Mimori provocation			
Biceps load			

Clinical Preceptor Signature: _____

Date: _____

2	Proficient	Performs skill correctly and demonstrates understanding of clinical significance
1	Competent	As expected, performs skill accurately
0	Deficient	Unable to perform skill correctly

Elbow and Forearm Skills

Skill	Cl. Preceptor		Comments
	Score	Initial	
POSTURAL ASSESSMENT			
Notes normal position			
Carrying angle			
Guarding position			
Forearm & hand position			
Cubitus recurvatum check			
Gunstock deformity			
PALPATION			
Medial epicondyle			
Lateral epicondyle			
Supracondylar ridge			
Olecranon process			
Olecranon fossa			
Cubital tunnel			
Radial head			
Radial collateral			
Ulnar collateral			
Brachial pulse (x 2)			
MANUAL MUSCLE TESTING			
Pronator teres			
Pronator quadratus			
Flexor carpi radialis			
Flexor carpi ulnaris			
Palmaris longus			
Flexor digitorum superficialis			
Flexor digitorum profundus			
Brachioradialis			
Extensor carpi radialis longus			
Extensor carpi radialis brevis			
Extensor digitorum			
Biceps brachii			
Triceps brachii			
Supinator			
AROM			
Flexion/extension (sup)			
Flexion/extension (pro)			
Supination/pronation			
PROM			
Flexion/extension (sup)			
Flexion/extension (pro)			
Supination/pronation			
RROM			
Flexion/extension (sup)			
Flexion/extension (pro)			
Supination/pronation			

2	Proficient	Performs skill correctly and demonstrates understanding of clinical significance
1	Competent	As expected, performs skill accurately
0	Deficient	Unable to perform skill correctly

Skill	Cl. Preceptor		Comments
LIGAMENTOUS TESTING			
Varus			
Valgus			
Moving valgus stress test			
TENNIS ELBOW TESTS	Score	Initial	
Cozen			
Handshake			
Chair lift			
MEDIAL EPICONDYLITIS TESTS			
Hand shake			
Resistance test			
ULNAR NEURITIS TESTS			
Elbow flexion			
Wartburg			

Clinical Preceptor Signature: _____

Date: _____

2	Proficient	Performs skill correctly and demonstrates understanding of clinical significance
1	Competent	As expected, performs skill accurately
0	Deficient	Unable to perform skill correctly

Hand Skills

Skill	Cl. Preceptor		Comments
POSTURAL ASSESSMENT	Score	Initial	
DOM/non-DOM comparison			
Notes normal position			
Thumb position			
Finger position			
Distal RU joint position			
MP joint position			
IP joint position			
DEFORMITIES			
Swan-neck			
Boutonniere			
Claw fingers			
Ape hand			
Bishop's hand			
Mallet finger			
FUNCTIONAL ASSESSMENT: Grips			
Hook			
Cylinder			
Spherical			
Chuck			
Tip pinch			
Lateral			
Grip stages/quick function			
Jebson-Taylor function			
TESTS			
Varus/valgus			
UCL of 1 st digit valgus			
Murphy's test			
Sweater finger			
Bunnell-Littler			
Froment's sign			
Two-point discrimination			

Clinical Preceptor Signature: _____

Date: _____

2	Proficient	Performs skill correctly and demonstrates understanding of clinical significance
1	Competent	As expected, performs skill accurately
0	Deficient	Unable to perform skill correctly