

Athletic Training Program
 Clinical Proficiencies
 ATTR 471 – Clinical Methods in Athletic Training III

Name _____

Points: ____/44 Score: ____/20

Foot/Toes Evaluation

Note to Preceptor: Please circle a number. Do not write in fractions or decimals.

Task	Cl. Preceptor Rating						Comments
	Knowledge			Skill			
Obtains a history	0	1	2	0	1	2	
Observes for symmetry, contour, toe alignment/structure (claw, hammer, hallux valgus, medial longitudinal arch, mallet, Morton's toe, etc)	0	1	2	0	1	2	
Assesses ROM	0	1	2	0	1	2	
Differential diagnosis	0	1	2	n/a			
Performs appropriate MMT	0	1	2	0	1	2	
Palpates bony landmarks	0	1	2	0	1	2	

Task	Cl. Preceptor Rating						Comments
	Knowledge			Skill			
Palpates soft tissue structures	0	1	2	0	1	2	
Performs appropriate tests for differential assessment of bony conditions (compression test, bump, percussion, etc)	0	1	2	0	1	2	
Performs appropriate tests for instability (talar tilt, Kleiger, anterior drawer, etc)	0	1	2	0	1	2	
Performs appropriate tests for other conditions (Navicular drop, glides, Thompson, etc)	0	1	2	0	1	2	
Perform appropriate sensory, neurological & circulatory tests (Tinel, pulses, Homan, etc)	0	1	2	0	1	2	
Professional Behavior (e.g. communication, confidence, patient interaction, etc)	0	1	2				

Cl. Preceptor Signature _____

Date: _____

2	Proficient	Performs skill correctly and demonstrates understanding of clinical significance
1	Competent	As expected, performs skill accurately
0	Deficient	Unable to perform skill correctly

Ankle/Lower Leg Evaluation

Note to Preceptor: Please circle a number. Do not write in fractions or decimals.

Task	Cl. Preceptor Rating						Comments
	Knowledge			Skill			
Obtains a history	0	1	2	0	1	2	
Observes for symmetry, contour, tibial torsion, foot structure, LE alignment (measures LL girth if appropriate)	0	1	2	0	1	2	
Assesses ROM of knee & ankle/foot	0	1	2	0	1	2	
Differential diagnosis	0	1	2	n/a			
Performs appropriate MMT	0	1	2	0	1	2	
Palpates bony landmarks	0	1	2	0	1	2	

2	Proficient	Performs skill correctly and demonstrates understanding of clinical significance
1	Competent	As expected, performs skill accurately
0	Deficient	Unable to perform skill correctly

Task	Cl. Preceptor Rating						Comments
	Knowledge			Skill			
Palpates soft tissue structures	0	1	2	0	1	2	
Performs appropriate tests for differential assessment of bony conditions (compression test, bump, percussion, etc)	0	1	2	0	1	2	
Performs appropriate tests for instability (talar tilt, Kleiger, anterior drawer, etc)	0	1	2	0	1	2	
Performs appropriate tests for Achilles tendon rupture (Thompson)	0	1	2	0	1	2	
Perform appropriate sensory, neurological & circulatory tests (Tinel, pulses, Homan, etc)	0	1	2	0	1	2	
Professional Behavior (e.g. communication, confidence, patient interaction, etc)	0	1	2				

Cl. Preceptor Signature _____

Date: _____

2	Proficient	Performs skill correctly and demonstrates understanding of clinical significance
1	Competent	As expected, performs skill accurately
0	Deficient	Unable to perform skill correctly

Knee Evaluation

Note to Preceptor: Please circle a number. Do not write in fractions or decimals.

Task	Cl. Preceptor Rating						Comments
	Knowledge			Skill			
Obtains a history	0	1	2	0	1	2	
Observes for symmetry, contour, valgum/varum, femoral torsion, patellar alignment, etc.	0	1	2	0	1	2	
Assesses ROM	0	1	2	0	1	2	
Differential diagnosis	0	1	2	n/a			
Performs appropriate MMT	0	1	2	0	1	2	
Palpates bony landmarks	0	1	2	0	1	2	

2	Proficient	Performs skill correctly and demonstrates understanding of clinical significance
1	Competent	As expected, performs skill accurately
0	Deficient	Unable to perform skill correctly

Task	Cl. Preceptor Rating						Comments
	Knowledge			Skill			
Palpates soft tissue structures	0	1	2	0	1	2	
Performs appropriate tests for differential assessment of bony conditions (compression test, bump, percussion, etc)	0	1	2	0	1	2	
Performs appropriate stress tests (varus/valgus, drawer, Lachman, sag sign, pivot shift, Slocum, etc)	0	1	2	0	1	2	
Performs appropriate tests for other conditions (McMurray, Apley, patellar apprehension, grind, plica tests, OCD tests, etc)	0	1	2	0	1	2	
Performs special tests for related problems (Ober, Renne, Noble, etc)	0	1	2	0	1	2	
Professional Behavior (e.g. communication, confidence, patient interaction, etc)	0	1	2				

Cl. Preceptor Signature _____

Date: _____

2	Proficient	Performs skill correctly and demonstrates understanding of clinical significance
1	Competent	As expected, performs skill accurately
0	Deficient	Unable to perform skill correctly

Hip/Thigh Evaluation

Note to Preceptor: Please circle a number. Do not write in fractions or decimals.

Task	Cl. Preceptor Rating						Comments
	Knowledge			Skill			
Obtains a history	0	1	2	0	1	2	
Observes for symmetry, contour, posture of lower extremity	0	1	2	0	1	2	
Assesses anteversion/retroversion, leg length	0	1	2	0	1	2	
Assesses ROM	0	1	2	0	1	2	
Differential diagnosis	0	1	2	n/a			
Performs appropriate MMT	0	1	2	0	1	2	

2	Proficient	Performs skill correctly and demonstrates understanding of clinical significance
1	Competent	As expected, performs skill accurately
0	Deficient	Unable to perform skill correctly

Task	Cl. Preceptor Rating						Comments
	Knowledge			Skill			
Palpates bony landmarks	0	1	2	0	1	2	
Palpates soft tissue structures	0	1	2	0	1	2	
Performs appropriate tests for differential assessment of bony conditions (compression test, bump, percussion, etc)	0	1	2	0	1	2	
Performs appropriate tests for instability (compression/distraction & approximation, FABER, Gaenslen, etc)	0	1	2	0	1	2	
Performs appropriate tests for inflammatory conditions (Trendelenberg, Thomas, rectus femoris contracture, Ober, Renne, Noble, piriformis, etc)	0	1	2	0	1	2	
Performs special tests for neurological conditions (femoral nerve traction, Lesague, etc)	0	1	2	0	1	2	
Perform appropriate sensory, neurological & circulatory tests	0	1	2	0	1	2	
Professional Behavior (e.g. communication, confidence, patient interaction, etc)	0	1	2				

Cl. Preceptor Signature _____

Date: _____

2	Proficient	Performs skill correctly and demonstrates understanding of clinical significance
1	Competent	As expected, performs skill accurately
0	Deficient	Unable to perform skill correctly