

Emergency Situations

Skill	Cl. Preceptor		Comments
	Score	Initial	
VITAL SIGN ASSESSMENT			
Blood pressure			
Pulse			
Respirations			
Skin Color			
INITIAL ASSESSMENT			
Primary assessment (unconscious)			
Secondary assessment (conscious)			
Secondary assessment (unconscious)			
Triage emergency situations			
Percussion test (fracture)			
Compression test (fracture)			
Tuning fork test			
IMMOBILIZATION (Vacuum splints, SAM splints or similar)			
Ankle/foot			
Knee			
Elbow			
Forearm/wrist			
Shoulder			
TREATMENT			
General Wound Care			
Describe OSHA Requirements			
Application & removal of personal protective equipment properly (BBP)			
Properly dispose of hazardous waste			
Application of proper dressing			
Application of RICE			
Spine-boarding - classroom or clinical setting			
Immobilization and transportation with fracture or dislocation			

Clinical Preceptor Signature: _____

Date: _____

1	Competent	As expected, performs skill accurately
0	Deficient	Unable to perform skill correctly

Foot and Toes Discrete Skills

Skill	Cl. Preceptor		Comments
	Score	Initial	
TAPING			
Great Toe Taping			
Arch Support Taping			
Heel Contusion Taping			
PALPATION			
Calcaneus			
Talus			
Cuboid			
Navicular			
Cuneiforms (3)			
Metatarsals (5)			
Phalanges (14)			
Sesamoids			
Metatarsal-Phalangeal Joints			
2 nd -5 th Distal IP joints			
2 nd -5 th Proximal IP joints			
1 st IP joint			
Head of 1 st metatarsal			
Navicular tuberosity			
Talar head			
Medial malleolus			
Head of 5 th metatarsal			
Styloid process of 5 th metatarsal			
Peroneal tubercle			
Lateral malleolus			
Talar dome			
Sinus Tarsi			
Sustentaculum tali			
Medial calcaneal tubercle			
Plantar aponeurosis			
Spring (calcaneonavicular) ligament			
Tibialis anterior tendon			
Ext. digitorum longus tendon			
Ext. hallucis longus tendon			
Common peroneal tendon			
Posterior tibialis tendon			
Flexor hallucis longus tendon			
Flexor digitorum longus tendon			
Dorsal pedal pulse			
Posterior tibial artery			
Posterior tibial nerve			

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Skill	Cl. Preceptor		Comments
	Score	Initial	
RANGE OF MOTION (AROM/PROM/RRROM)			
Toes			
MANUAL MUSCLE TESTS			
Extensor Hallucis Longus			
Extensor Digitorum Longus			
Flexor Hallucis Longus			
Flexor Digitorum Longus			

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Ankle/Lower Leg Discrete Skills

Skill	Cl. Preceptor		Comments
	Score	Initial	
TAPING			
Ankle Compression Wrap			
Closed Basketweave			
Achilles Taping			
PALPATION			
Tibial crest			
Shaft of fibula			
Head of fibula			
Head of talus			
Talar dome			
Medial malleolus			
Lateral malleolus			
Peroneal tubercle			
Sinus tarsi			
Sustentaculum tali			
Styloid process of 5 th metatarsal			
Anterior talofibular ligament			
Posterior talofibular ligament			
Calcaneofibular ligament			
Deltoid ligaments			
Anterior tibiofibular ligament			
Posterior tibiofibular ligament			
Tibialis posterior tendon			
Tibialis anterior tendon			
Extensor hallucis longus tendon			
Extensor digitorum tendon			
Common peroneal tendon			
Achilles tendon			
Posterior tibial artery			
Posterior tibial nerve			
Flexor digitorum longus tendon			
Flexor hallucis longus tendon			
Tibialis anterior muscle			
Extensor hallucis longus muscle			
Extensor digitorum muscle			
Peroneus longus muscle			
Peroneus brevis muscle			
Peroneus tertius muscle			
Gastrocnemius			
Soleus			

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Skill	Cl. Preceptor		Comments
	Score	Initial	
RANGE OF MOTION (AROM/PROM/RRROM)			
Ankle			
MANUAL MUSCLE TESTS			
Tibialis Anterior			
Tibialis Posterior			
Peroneus Longus & Brevis			
Peroneus Tertius			
Gastrocnemius			
Soleus			
SPECIAL TESTS			
Talar tilt inversion & eversion			
Anterior drawer			

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Knee and Thigh Discrete Skills

Skill	Cl. Preceptor		Comments
	Score	Initial	
TAPING/WRAPPING			
Knee compression wrap			
Knee hyperextension taping			
Patellar strap			
Thigh compression wrap for hamstring/quadriceps strain			
Medial/lateral collateral taping			
PALPATION			
Tibial crest			
Shaft of fibula			
Patella			
Tibial tuberosity			
Gerdy's tubercle			
Medial joint line			
Lateral joint line			
Tibial plateaus			
Fibular head			
Pes anserine			
Patella (four poles)			
Medial femoral condyle			
Lateral femoral condyle			
Medial femoral epicondyle			
Lateral femoral epicondyle			
Adductor tubercle			
Patellar tendon (ligament)			
Medial collateral ligament			
Lateral collateral ligament			
Illiotalibial band			
Vastus medialis muscle			
Vastus lateralis muscle			
Rectus femoris muscle			
Gastrocnemius muscle			
Semitendinosus muscle			
Semimembranosus muscle			
Biceps femoris muscle			
Popliteal artery			
Common peroneal nerve			
Prepatellar bursa			
Suprapatellar bursa			
Superficial infrapatellar bursa			

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Skill	Cl. Preceptor		Comments
	Score	Initial	
RANGE OF MOTION (AROM/PROM/RRROM)			
Knee			
MANUAL MUSCLE TESTS			
Quadriceps			
Medial hamstrings			
Lateral hamstrings			
Gastrocnemius			
SPECIAL TESTS			
Varus Test			
Valgus Test			
Anterior Drawer Test			
Posterior Drawer Test			
Godfrey 90/90 Test			
Sag Sign			

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Hip Discrete Skills

Skill	Cl. Preceptor		Comments
	Score	Initial	
TAPING/WRAPPING			
Hip Spica (flexor strain)			
Hip Spica (adductor strain)			
PALPATION			
Iliac Crest			
Iliac Tubercle			
Pubic Symphysis/Crest			
Greater Trochanter			
Adductor tubercle			
Gerdy's tubercle			
Pes anserine			
ASIS			
AHS			
PSIS			
Ischial Tuberosity			
SI Joints			
Median Sacral crest			
Sciatic Nerve			
Gluteus maximus			
Gluteus medius			
Piriformis			
Sartorius			
Adductors			
Rectus femoris			
Tensor fascia latae			
Iliotibial band			
RANGE OF MOTION			
Hip (AROM, PROM, RROM)			
MANUAL MUSCLE TESTS			
Gluteus Medius			
Gluteus Maximus			
Gluteus Minimus			
Tensor Fascia Latae			
Adductors			
Iliopsoas			
Sartorius			
Medial hip rotators			
Lateral hip rotators			
SPECIAL TESTS			
FABER test			
SI Compression			
SI Distraction			
Thomas Test			
Kendall Test			

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Shoulder Discrete Skills

Skill	Cl. Preceptor		Comments
	Score	Initial	
TAPING/WRAPPING			
Shoulder spica wrap			
PALPATION			
Shaft of clavicle			
Manubrium			
Spine of scapula			
Acromion process			
Coracoid process			
Supraspinous fossa			
Infraspinous fossa			
Vertebral border of scapula			
Axillary border of scapula			
Superior angle of scapula			
Inferior angle of scapula			
Greater tubercle			
Lesser tubercle			
Bicipital groove			
Deltoid tuberosity			
Sternoclavicular joint			
Acromioclavicular joint			
Upper trapezius			
Middle trapezius			
Lower trapezius			
Latissimus dorsi			
Pectoralis major			
Anterior deltoid			
Middle deltoid			
Posterior deltoid			
Levator scapulae			
Biceps brachii			
Teres major			
Teres minor			
Rhomboids			
Serratus anterior			
Supraspinatus			
Infraspinatus			
Subscapularis			
Coracobrachialis			
Sternoclavicular ligaments			
Coracoclavicular ligament			

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Skill	Cl. Preceptor		Comments
	Score	Initial	
PALPATION con't			
Acromioclavicular ligament			
Coracoacromial ligament			
Tendon of long head of biceps			
Subacromial bursa			
Triceps brachii			
RANGE OF MOTION			
Shoulder AROM/PROM/RROM			
MANUAL MUSCLE TESTS			
Upper trapezius			
Middle trapezius			
Lower trapezius			
Rhomboids & levator scapulae			
Pectoralis minor			
Pectoralis major – upper fibers			
Pectoralis major – lower fibers			
Latissimus dorsi			
Teres major			
Teres minor			
Serratus anterior			
Anterior deltoid			
Middle deltoid			
Posterior deltoid			
Coracobrachialis			
Biceps brachii			
Triceps brachii			
Supraspinatus			
Infraspinatus			
Subscapularis			
SPECIAL TESTS			
Apprehension Test			
AC Traction Test			
AC/SC Shear Test			

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Elbow Discrete Skills

Skill	Cl. Preceptor		Comments
	Score	Initial	
TAPING/WRAPPING			
Elbow Hyperextension			
Elbow Collateral Ligament			
PALPATION			
Medial supracondylar ridge			
Lateral supracondylar ridge			
Medial epicondyle			
Lateral epicondyle			
Olecranon process			
Olecranon fossa			
Olecranon bursa			
Radial head			
Radial tuberosity			
Radial styloid process			
Ulnar ridge			
Ulnar styloid process			
Cubital fossa			
Pronator teres			
Pronator quadratus			
Flexor carpi radialis			
Flexor carpi ulnaris			
Palmaris longus			
Triceps brachii			
Biceps brachii			
Brachioradialis			
Extensor carpi ulnaris			
Extensor carpi radialis brevis			
Extensor carpi radialis longus			
Medial collateral ligament			
Lateral collateral ligament			
Annular ligament			
Biceps tendon			
Median nerve			
Ulnar nerve			
Brachial pulse			
RANGE OF MOTION (AROM/ PROM / RROM)			
Elbow Radioulnar – pronation/supination			
Elbow Humeroulnar – flexion/extension			
MANUAL MUSCLE TESTS			
Biceps Brachii			
Triceps Brachii			
Brachioradialis			
Supinator			
Pronator Teres			
Pronator Quadratus			

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Skill	Cl. Preceptor		Comments
	Score	Initial	
SPECIAL TESTS			
Varus Test			
Valgus Test			

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Wrist, Hand & Fingers Discrete Skills

Skill	Cl. Preceptor		Comments
	Score	Initial	
TAPING/WRAPPING			
Wrist Taping			
Finger Buddy Taping			
Finger Collateral Taping			
Thumb Spica Taping			
PALPATION			
Shaft of radius			
Radial styloid			
Shaft of ulna			
Ulnar styloid			
Metacarpals (5)			
Phalanges (14)			
Scaphoid			
Lunate			
Hamate			
Pisiform			
Capitate			
Triquetrum			
Trapezoid			
Trapezium			
Hook of Hamate			
Metacarpal-phalangeal joints			
PIP joints			
DIP joints			
Thumb IP joint			
Carpal tunnel			
Collateral ligaments of wrist			
Collateral ligaments of fingers			
Ulnar collateral ligament of thumb			
Thenar web space			
Thenar eminence			
Hypothenar eminence			
Anatomical snuff box			
Radial artery			
RANGE OF MOTION (AROM/PROM/RRROM)			
Wrist			
Fingers			
Thumb			
MANUAL MUSCLE TESTS			
Extensor Carpi Radialis Longus			
Extensor Carpi Radialis Brevis			
Extensor Carpi Ulnaris			
Flexor Carpi Radialis			
Palmaris Longus			
Flexor Carpi Ulnaris			
Flexor Digitorum Superficialis			
Flexor Digitorum Profundus			

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Skill	Cl. Preceptor		Comments
	Score	Initial	
SPECIAL TESTS			
Varus Test – Wrist			
Valgus Test – Wrist			
Varus Test - Fingers			
Valgus Test - Fingers			
Valgus Test – Thumb (1 st MP joint)			

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